

# WELL AWARE

PEOPLE CARING FOR PEOPLE

FALL 2022



## Going Digital: Advancing Pathology



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With this accreditation you can be assured that Saskatoon City Hospital Foundation has met the highest standards for charities as designated by Imagine Canada.

**PRIVACY POLICY**

Saskatoon City Hospital Foundation is committed to maintaining the confidentiality of our donors. All personal data provided is secure information. We do not lend, exchange, rent or sell our donor lists to other organizations. We do like to publicly recognize our donors, but if you prefer to remain anonymous, please let us know.



**CONTACT US**

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## MESSAGE FROM THE CEO

Steve Shannon

What is your WHY?

In my work with the Foundation, one of my favorite things to do is to call and thank donors. It's likely you have spoken to me, a board member or other staff person, such as our director of Development, Tracy Boyle, on the phone. We believe one of the best ways to say thank you is in person.

I generally start the call by saying my name and that I'm phoning on behalf of the Foundation. Often there's a pause on the other end of the call.

In that instant, I can almost hear the wheels turning in the donor's mind, wondering if I'm calling to ask for money. When I mention that I'm calling to say thank you, many are surprised that I'm not asking for a gift. I'm not calling about the latest campaign or equipment that you can help fund.

We truly believe that a thank you is more powerful and heartfelt when that's all it is -- a thank you.

Because donors like you are so wonderful, many times during these conversations we start chatting and I often find out why you made a gift to Saskatoon City Hospital Foundation. For some it's because of the care you or a family member have received at Saskatoon City Hospital.

It's so heartwarming and, while respecting privacy by not using patient names, we're sure to share with medical and all staff when you tell us you're grateful for the hospital restoring or improving your health.

Some donors have shared a personal story about a family member, no longer with us, and feel compelled to give back. Others support all hospitals because "you never know when you might need them."

Still others support the mission that the Foundation has to improve quality of life by giving hospital staff the best and

the latest tools to do their incredible and passionate work.

Why do YOU give to SCHF? We gratefully accept your gift knowing there is a reason for your support; and for that we accept that gift knowing you also have a mission.

Your gift is accepted not knowing exactly why that gift is given but we know behind it you have a huge heart and want to make sure the hospital staff have urgent needs looked after to help others.

THANK YOU! □



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## HOW YOU HELPED

### Funds support Eye Care and Women's Health Centre

The **Ens Swinging with the Stars** in early April marked the first live event the Foundation was able to host since January of 2020. A sold out crowd thoroughly enjoyed the competition featuring local celebrities.

Thanks to all of the dancers, sponsors, attendees, voters and volunteers, an amazing \$180,000 was raised in support of the **Eye Care Centre** at Saskatoon City Hospital.

The proceeds helped the centre purchase vital equipment, including an optical coherence tomography machine. You can read more about its impact on the following pages.

Other pieces your support purchased include:

- a new visual field machine, important for diagnosing and monitoring the progression of diseases.

A visual field test can determine blind spots in your vision and where they are. Size and shape of these blind spots can show how eye disease or a brain disorder is affecting your vision;

- a new slit lamp or table microscope will provide better optics and sharper imaging that provide for greater details of different structures at the front and inside the eye;
- a new handheld autorefractor offers fast and non-intrusive refractometry; it's used for age groups spanning from infants starting at six months to geriatric populations.

Because your support is constant, the Foundation is able to help with critical requests. Such was the case when the **Women's Health Centre** needed to quickly replace an exam table. It had a broken heel holder that could cause

harm to a patient should it let go while in use. The table was unrepairable and replacement was needed.

By funding this piece, you've ensured patient safety for up to 40 patients a week, many who are undergoing colposcopy procedures.

While replacing items is vital, your gifts also help bring new equipment to the hospital. Because of you, staff in the **Rehab ward** were pleased to be testing out the new Tran-Sit® Car Transfer Simulator. The equipment is designed to teach patients how to exit and enter vehicles safely and without the need for parking lot sessions, which can be dangerous.

"Getting in and out of vehicles is generally something that we don't think about," explains Marla Fieber, manager of the unit. "For Rehab ward patients,



due to the changes in their physical mobility post stroke, brain injury or spinal cord injury, it can be very challenging. The simulator is a safe and convenient tool that can be used right on the ward.”

To see a demonstration of this piece and others, visit the Foundation’s YouTube channel.

Your support has helped fund the Foundation’s commitment to **fellowship** and ensure that young physicians are able to engage in advanced and specialized training.

Early last summer, Dr. Moness Masri returned to the Eye Care Centre after two years of training. He is now a fellow of the Royal College of Surgeons of Canada and is fully certified in Ophthalmic surgery as well as being fellowship trained as a retina specialist.

Three other Saskatoon City Hospital departments – the Pathology Lab, the Emergency Department and the Rehab Centre – will also benefit from doctors who are currently undertaking fellowship studies. They include a pediatric pathologist, a doctor of

chronic pain management, and a doctor specializing in pediatric physical medicine and rehabilitation.

Your support of Fellowship ensures that young doctors can complete this training. More importantly, they also

return to Saskatoon and the hospital where patients benefit from their advanced skills and knowledge.

To donate, visit [SCHFgo.com](http://SCHFgo.com).

Thank you!



**Above: Your support helped purchase a car transfer simulator for the hospital's rehab department. Opposite page bottom: The purchase of several pieces for the Eye Care Centre was thanks to the 2022 Ens Toyota Swinging with the Stars and you! Read more on the next page.**

## Foundation welcomes new director of Finance

Saskatoon City Hospital Foundation is pleased to announce Ian Frias, CPA, MPAcc, as its new director of Finance.

Ian is an experienced CPA with a demonstrated history of working as an auditor in public practice to an assistant controller in the construction industry. Skilled in analyticals, accounting, financial operations, and auditing, he holds a Master's degree in Accounting from the University of Saskatchewan.

Ian came to the Foundation in May and quickly fit into not only the role but also the SCHF team!

Culinary fans also may recognize Ian from his appearance on Food Network Canada's Great Chocolate Showdown. We're hoping, in addition to his accounting skills, he'll be using some of his baking skills in the office.

Welcome, Ian!



## HOW YOU HELPED

Ens Auto Swinging with the Stars proceeds benefit eye patients



It's a fall morning. Sam pours himself a cup of coffee and sits down to do the daily crossword. He's done it every day since he was a teenager.

This morning, as he's thumbing through his favourite book of puzzles, something is different. The letters in front of him are fuzzy.

As anyone might, Sam rubs his eyes and looks back at the page. The words are still a blur. He suddenly recalls a vivid memory of his mother, long since passed. Of how her vision slowly faded over 30 years. She could still get around and see from the side but so many other things stopped.

**"Age-related macular degeneration is the most common cause of eyesight loss among people 50 and older. The ability to see fine details is seriously affected."**

***Your support of Swinging with the Stars helped older adults like Sam deal with and be treated for age-related macular degeneration.***

Sam thinks of what he would miss if his vision does the same thing. These daily puzzles. His favourite novels. Seeing his grandkids. Driving. Independence.

Like so many older adults – maybe even you – Sam is likely experiencing the start of macular degeneration. According to Johns Hopkins, age-related macular degeneration (AMD) is the most common cause of eyesight loss among people 50 and older.

People rarely go blind from it but central vision and the ability to see

fine details are seriously affected. As it progresses, many can no longer drive, see faces or read smaller print.

In early stages, such as Sam's, advanced macular degeneration can be treated with lifestyle changes, supplements, injections and monitoring. "I hope I can hang onto my vision for as long as I can," he says.

If you were a supporter of this past spring's Ens Auto Swinging with the Stars, your efforts will help people like Sam. Proceeds benefitted Saskatoon City Hospital's Eye Care Centre. While numerous items were purchased, the largest was a new optical coherence tomography (OCT) unit.

"Everybody sort of knows what an ultrasound is," explains Dr. Paul Murphy, head of Ophthalmology at Saskatoon City Hospital. "You bounce

sound waves in and they come back in the form of a picture.

"OCT is similar in that it bounces light waves into the eye and how the light waves come back is interpreted into a picture of the back of the eye."

The device offers very finite resolution. "You can actually see the different layers in the retina at the back of the eye. It's essentially like a living microscope, you can see the layers in a normal eye but you can also see abnormal things very clearly."

OCT is useful for diagnosing and monitoring age-related macular degeneration, Dr. Murphy adds.

"You can differentiate between the dry and wet types. With the dry type, there's not really a treatment for it, it's just a slow degeneration. The wet type comes on very quickly – you go to bed

seeing fine and, when you wake up, you find that you're not seeing well.

"In the past, there never was a good treatment for it or the treatment was worse than the disease. Now patients come to the Eye Care Centre for injections that can turn a person's life around by restoring their vision. It can't make everybody's eyesight perfect but it definitely can slow or halt vision loss and may even recover vision for a significant number of people."

He says this is where optical coherence tomography is key. "To treat AMD, you have to know what you're dealing with. With OCT doctors can see bleeding and swelling in the retina in great detail. You also can see the response to treatment and follow up with how aggressively to treat it."

The use of the device is widespread in the eye care community. "It's become

a standard of care because of the detail that can be seen. In addition to AMD, optical coherence tomography is also used for glaucoma, optic nerve changes and other eye disorders.

The new OCT provides greater imaging but Dr. Murphy says it will also help the centre deal with constant demand. "The new machine is an upgrade and will be the one most used but we'll use the older OCT unit as a back-up and especially on high volume days to put people through more efficiently."

He estimates that the OCT is used on 80 to 100 AMD patients every day, four days a week, and 50 glaucoma patients weekly. That means your support of Swinging with the Stars will help hundreds of people every week and thousands every year.

Your support will help Sam and so many others. Thank you! □



**The 2022 Ens Auto Swinging with the Stars raised \$180,000 for vital medical equipment at the Eye Care Centre, including an new optical coherence tomography unit.**

## HOW YOU HELPED

### Young man is City Hospital's first arthroscopy patient

Last spring, the Foundation asked for your help to fund Dr. Matthew Mastel's new orthopedic surgery practice. The physician was just the first in Saskatoon and second in Saskatchewan to offer arthroscopy.

"Arthroscopy uses a microscopic camera and tools to correct hip impingements," he explained in the March Well Aware issue. "It's used for preservation type procedures to delay the need for a total joint replacement. It's one of the fastest growing areas of orthopedics in North America."

Because of your support, the Foundation purchased the tools he needed for the procedure. This included a camera with a 70-degree scope, portals, suture passers, and anchors – all specialized because the hip is a deeper joint.

Your kindness quickly paid off with the active young man who was Dr. Mastel's first patient. Easton Genest is a 17-year-old dirt bike racer who had a mishap on his bike in 2021. "While I was practicing, I crashed, and it threw me over and my bike landed on top of me. I broke my hip," he says.

While it healed, he continued to experience hip pain. He visited several doctors hoping for surgery but the waiting lists were too long. He and his family even went to a U.S. surgeon who said he was fine despite the pain. Eventually, a surgeon in Regina suggested he contact Dr. Mastel.

"Dr. Mastel said the injury was extensive enough that hip replacement was possible but because of my age



**Easton Genest was riding high after receiving successful arthroscopy surgery at Saskatoon City Hospital. Inset: Easton preparing for a race.**

and the fact I'm still growing it wouldn't have made sense to do that."

Easton underwent the arthroscopy procedure and then recovery. "I was on crutches for about six weeks and did physiotherapy but I've returned to doing everything I was doing before, like running track. I'd even say that I was feeling better than I'd felt in the whole year after the crash."

He got back on the bike in the late spring and was thrilled. "It felt brand new. I was feeling so comfortable to be back on the bike again."

Not knowing anything about arthroscopy before meeting Dr. Mastel, he was surprised at how minimally invasive it was. "I thought I was going to have a cut down the whole side of my leg. I was amazed that it took only three little incisions and seven stitches. I was in the hospital for only a day."

Easton has a message for donors who made his surgery and recovery possible. "Thank you for getting the tools into Saskatoon. I'm so glad to have this done so close to home. It's made my life better and I just have to say thanks a million." □

## HOW YOU CAN HELP

Supporting diagnostics, treatment and recovery

In the following pages you'll learn how your support of Equip for Excellence will help two departments – Medical Imaging and the Anatomic Pathology Lab – and their efforts to improve diagnostic programming at the hospital.

Diagnostics is just the beginning of the journey for most patients at Saskatoon City Hospital – the hospital also offers crucial life-changing and even life saving treatments in departments such as the Operating Room and Eye Care Centre.

Meanwhile, post-procedural care and recovery services is delivered by Surgery Services, the Rehab Centre or the Ambulatory Care department.

The full cycle of services is why it's so important that you support the Foundation's Equip for Excellence Campaign. Now into it's second year, Equip for Excellence is a multi-year, multi-million dollar initiative.

With your gifts, it will ensure the hospital can deliver the best, latest and safest diagnostics, treatments, and recovery services for years to come.

Here are just some of the ways that you can help hospital patients:

New endoscopic ultrasound scopes will improve doctors' abilities to examine patients' internal systems and discover disorders including cancer;



**A surgical microscope in the OR will benefit patients undergoing orthopedic spine surgery, tubal anastomosis, vasovasostomy, and nerve repairs.**

A surgical microscope in the OR will benefit patients undergoing orthopedic spine surgery, tubal anastomosis, vasovasostomy and nerve repairs;

Anesthetic procedures also improve with technology. Your support of new Aisys CS2 technology and accompanying high-end monitors for the Operating Room will improve both patient safety and comfort.

With digital precision, intuitive touch functions and graphic displays,

clinicians use the information to adjust oxygen flow to maintain desired inspired oxygen concentration and avoid unnecessarily high fresh gas flow rates.

It's a more personalized system that means that every patient is getting the right amount of – and even less – anesthetic delivered at the right time!

You can do all this and more with your generous support. To donate, visit the Foundation website at [SCHFgo.com](http://SCHFgo.com) or call 306-655-8489. □

# SCHFgo.com



## Going Digital: Advancing Pathology

Wonderful things have been happening in Saskatoon City Hospital's Anatomic Pathology Lab, thanks to the generosity of donors like you.

About five years ago, the lab's tracking system was automated. Among other things, the modernization worked to decrease the amount of time that it took for patient biopsy results to be processed and reported.

More recently, you helped fund a Panoptic, digital camera. It allowed several pathologists to examine slides in real time from different locations. This digital component also allows for

collaboration with peers and mentors across the country.

Now the lab has a grand vision for its future: becoming the flagship of digital pathology across the province.

"Our vision is twofold," says Dr. Mary Kinloch, a fellowship trained gynecology pathologist and division head of Anatomic Pathology. "The first will see digital pathology images going from outside centres such as Regina, Prince Albert or North Battleford to City Hospital for consultation; the second will see Saskatoon City Hospital provide proficiency testing back to

outside centres; providing support and stability for the rest of the province."

Dr. Kinloch says that implementing both aspects of the vision will increase and improve patient access to care. To do so, she explains the current process using her own field of experience.

"Something that people very likely do not know is that every patient with a gynecologic malignancy in the province requires their pathology slides to be reviewed by either myself or my colleague at the hospital, Dr. Nicholas Baniak, before surgeons will book the patient in for surgery."



The current process, she adds, is for her and Dr. Baniak to review these slides as part of weekly team discussions, known as tumour board rounds. These consultation sessions take place every Wednesday morning.

“So, if, for example, a patient in North Battleford has a biopsy that's been given a malignant diagnosis, the clinician will refer the results to the gyne team in Saskatoon through what's known as a tumour board list. This referral generally happens on Thursday afternoon.”

Clerical staff at the cancer agency in Saskatoon request the slides, then clerical staff in North Battleford prepare a slides package to courier

it to Saskatoon. “We have to unpackage them and they have to get to me before Tuesday afternoon so that I can have a look at and then report on them to the Wednesday tumour board round for diagnosis,” Kinloch says.

“I can tell you that in almost every instance we miss this time line and that the patient is then rolled over to review for the next week. That delays their access to getting a surgery spot and getting any sort of care delivered from the Saskatoon gynecology team.

“So, wouldn't it be different if on Thursday afternoon, when the list came out, if we could have the slide scanned and the image uploaded from North Battleford directly into Saskatoon City Hospital? I could then read them and have an opinion ready for those Wednesday morning rounds.”

Digital pathology in this case would decrease the time that a patient accesses care by at least a week.

“City Hospital becomes the reference center for e-consultation expertise, ensuring that patients have timely access to pathologists' consultations,” Kinloch says. “And as the hospital with the most fellowship-trained pathologists in the province, at 10, we will be providing the highest-quality diagnostics for the province.”

The second part of the vision deals with the fact that Saskatoon City Hospital really is the provincial cancer diagnostic reference center for the province. Dr. Kinloch says,

“90 per cent of patients diagnosed with cancer require diagnostic lab tests to decide what type of precision oncology drug will work. Currently SCH is the province's reference center for those companion diagnostics for lung, gastric, uterine, head and neck cancers.”

## **"Digital pathology in this case would decrease the time that a patient accesses care by at least a week."**

She says a network of pathologists at the hospital read these companion diagnostics for any particular cancer but there's never more than two for each cancer site and that most sites only have one pathologist to do so.

“For staffing to be limited like this is a very vulnerable situation; but it requires specialized training and it's almost not offered anywhere. Digital pathology would help by creating a teaching platform that would see City Hospital pathologists with expertise train other pathologists in the province.”

The model isn't limited to cancer. It could be used for many different aspects of pathology such as peripheral blood smears, interprovincial consultations and much more.

This is where you can help. The Pathology Lab needs your support to set up the first phase of establishing SCH as the province's digital pathology flagship. The proposal includes software, imaging hardware, a cryostat, microtome, slide stainer, and tissue embedding centre.

With these visions in mind, pathologists and other lab staff at the hospital have formed a team to begin the process of seeking and purchasing equipment. One of those team members is Dr. Ryan Campbell, a new pathologist to Saskatoon City Hospital after having spent several years in Arkansas.

*(continued on next page)*

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He and his spouse are both native to western Canada and came to Saskatoon to be closer to family. Involved in the introduction of digital pathology to Arkansas, he reveled at the chance to do the same for the pathology laboratory here.

**"The ability to collaborate with experts is not only a professional advantage, it also assures patients, that our work is quality assured."**

"The most crucial part of the proposal are the slide imagers," Dr. Campbell says. "These take slides with tissue or samples and scan them into the system at 400 times the magnification, which is very high. These images are then loaded into servers that allow pathologists online access."

A second, more specialized slide imager would be required for

hematopathology cases such as leukemia and lymphomas.

While Dr. Campbell says some may always prefer it, the classic image of a pathologist peering into a microscope may be a thing of the past. He notes the advantages: "With digital pathology, once an image is scanned, we can call it up on the screen and magnify it to study details. If I'm dealing with something like melanoma, I can at the same time pull up other cases of melanoma for comparison."

He adds that the software streamlines the reporting process. "The system makes it easier with pull down menus or text shortcuts so that pathologists can enter details faster.

"Standardized reporting is also key to digitalization; every report will have the same formatting with everything done by the program. Overall, I'm thinking we likely could spend half the time on any particular case."

There's another important aspect to digital pathology, Campbell notes. "There are times when a pathologist just isn't sure about a diagnosis, so we like to consult with experts.

"An example would be Dr. Churg at Vancouver General, who is a world expert on certain cancers. Instead of the timely and expensive practice of couriering cases across the country, we can send him the link to a case to get his opinion and report immediately.

"This ability to collaborate with such experts is not only a professional advantage, it also assures the end users, the patients, that our work is quality assured."

Patients are the most important aspect of moving forward with the first phase and then adding the provincial reference centre in the second phase, Dr. Kinloch confirms.

"This vision will create equity in the province. Everybody, regardless of their geography, will have access to high quality cancer diagnostics and specialist opinions. There will no longer be delays in your diagnosis just because your tissue needs to travel."

You can bring digital pathology to Saskatoon City Hospital by donating at SCHFgo.com or by calling the Foundation at 306-655-8489. □



Above: Dr. Ryan Campbell says patients will benefit from digital pathology at Saskatoon City Hospital. Centre photo, page 10: SCH Pathologists Dr. Mary Kinloch, Dr. Ryan Campbell, Dr. Katelynn Campbell, Dr. Henrike Rees, Dr. Deepti Ravi, and Dr. Chunjie Wang.



Like donors, donor gifts come in all shapes and sizes, and, like donors, the Foundation appreciates you all, especially when there's sentiment attached to the gift.

Such was the gift that came from the Saskatoon Senior Players, also known as the Meri Misfits. The group sets their own lyrics about fall prevention to well-known music and performs the songs and skits at seniors' homes. They call themselves 'enter-trainers'.

The 10-member group lost its founder last June when Patricia 'Marikay' Falby passed away after a battle with breast cancer. Marikay, a long-time employee of the Saskatoon Catholic School Board, was involved with several organizations and was a tireless booster of the community.

The group's loving donation of \$100 in her memory was made to the Breast Health Centre.

\*\*\*\*\*

It's been more than 50 years since the last class of nurses graduated from

Saskatoon City Hospital. But their memory remains strong. That was one reason why Eva MacKenzie asked that a donation be made in her memory to Saskatoon City Hospital.

Bruce Lukey, her nephew, says she always thought highly of his mom, her sister, and the training she received.

Afflicted with macular degeneration and almost blind at her passing, Bruce adds that the \$1,000 donation was also made to support the Eye Care Centre.

\*\*\*\*\*

Marie Klombies sent a gift and attached a personal note that read, "Supporting healthcare matters to me. It feels good to help others when they need the hospital. We are all family and family help each other and our community."

\*\*\*\*\*

A recent patient wrote to thank "Dr. Haimanot and the staff at City Hospital, who did the third ERCP [Endoscopic retrograde cholangiopancreatography procedure] on me. It was successful and I was able to fly to Palm Springs

soon after for some warmth and sunshine. I am very grateful. The donation is a small gesture of thanks."

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Previously in this issue, you read the story of Dr. Mastel's first patient. Another wrote to thank the surgeon for fixing her broken hip. "I also thank nurses and staff for the wonderful care I received. It was so appreciated."

\*\*\*\*\*

Your gifts also support continuing education for staff. Speech pathologist Erin Hantke-Trew wrote to say, "Thank you so much to the Foundation for your work and for ongoing support of SHA staff professional development. I was recently awarded funding to attend the Speech-Language and Audiology Canada national conference and it was a fantastic learning experience.

"I took away so much new information based on current research and have been inspired and able to apply it in my daily work with clients. I am finding it so beneficial. Thank you so much for the opportunity to attend!" □

## HOW YOU CAN HELP

You can give medical professionals a better look

The man lays on the operating table while the surgeon readies the sutures. Before he does, the technologist moves the C-arm in place. In great detail and immediately on a high resolution screen, the surgeon examines his work. The doctor was fairly certain he'd done it perfectly, the C-arm x-ray made him positive that his patient would soon be walking again.

This is just one of the many ways medical imaging helps professionals and especially patients. With 55,000 inpatient and outpatient procedures every year, there are countless more ways. It may be the man in the O.R. Perhaps it's a young couple struggling with infertility. Or it's an elderly man with persistent stomach pains.

For these and so many more, Brenda Lock, manager of the Medical Imaging at the hospital says having the best and latest equipment is crucial.

"As with all imaging equipment, we require high quality detail for all images produced. Not only is it important to allow for accurate interpretation, but we need to compare reproducible, quality imaging to evaluate any differences and subtle changes when comparing new images with past images.

"All imaging devices deteriorate overtime while new imaging equipment has evolved and demonstrates more finite details and higher resolution. Comparing images acquired on an older system to images from a new system becomes much more challenging and could result in an inaccurate or missed diagnosis. "Imaging technology has made major



**C-arms are used in the Operating Room to provide real time imaging during surgery. Sharper imaging helps them see the area in question better.**

advancements in the past fifteen years. Our patients greatly benefit from having state-of-the-art imaging equipment for their care."

One of the priority pieces requested by the department is a C-arm. "C-arms are used in the Operating Room to provide real time imaging during surgery," Lock explains. This real time imaging enables surgeons to see the area in question better and ensures more accuracy with procedures.

"We currently have two C-arms that were new in 2004 and 2008," Lock says of the C-arm. "They are both at or near end-of-life. They're becoming harder to repair and when they break down, they increase wait time."

Your support will purchase one new machine and upgrade capability – replacing a 14- or 18-year-old device means a serious improvement in technology. "Digital radiographic equipment provides high image quality with less radiation dose to the patient and staff in the area," Lock says.

"A flat plate detector on the DR C-arm allows for a wider field of view for the surgeon and also uses less space than existing C-arm imaging intensifiers, which allows for more visibility around the patient," she adds.

Like the C-arms, the department's ultrasound unit and probes are also aging. The current model was added in 2008 and is beyond its 10- to 12-year

life span. With 2,000 ultrasound scans each year and patients ranging in age from pre-birth to adults, keeping this device up-to-date is crucial.

Another piece needed is a Trophon2 disinfection unit for ultrasounds. "The current practice of disinfecting the probes involves the sonographer manually scrubbing the probe with disinfecting chemicals.

The Trophon2 is an automatic probe cleaning device that uses a hydrogen peroxide solution. Not only does it completely sanitize the probe, but it provides a tracking code to identify probe use and cleaning cycle. It's an enclosed system, meaning there's reduced risk of contamination to equipment and the staff."

One of Medical Imaging's fluoroscopy units, which also dates to 2008, is in

need of upgrades, too. The department performs a very large volume of fluoroscopic procedures and, even with three fluoroscopy suites, is seeing an increasing demand as more patient procedures are added.

"This suite is used predominantly for gastrointestinal procedures to assess the stomach, esophagus and upper small bowel and for hysterosalpingiograms, which are studies to evaluate the patency of female reproductive organs," Lock explains. "The room is also used to support patient volumes if one of the other rooms is down for service."

Its equipment, now 14 years old, has been termed end-of-life. With 2,000 fluoroscopic exams each year, it's vital that equipment remain operational.

Another well-used item is digital

radiography's portable unit. "Currently SCH uses a combination of digital radiography portable imaging and computer radiography portable imaging," Lock reports, noting that approximately 3,000 portable imaging procedures happen each year. "The images may be taken on the inpatient wards, in emergency, the operating theatres, recovery, and the morgue."

The unit in mind is almost 20 years old, so would benefit with replacement by a new digital unit. "Digital radiography has numerous advantages including less radiation as well as quicker imaging and results. Instead of processing, these images can be reviewed right at the patient's bedside."

You can help Medical Imaging get a better look. To support the best for patients, donate on the website at [SCHFgo.com](http://SCHFgo.com) or call 306-655-8489.



**Your support will help upgrade one of the hospital's fluoroscopy units.**

## FOUNDATION EVENTS GETTING BACK ON TRACK

Foundation plans to offer full roster of events

More than two years after the pandemic started, Saskatoon City Hospital is hoping every one of its public events will be a go this year.

It starts when the **BHP Enchanted Forest** returns for a 23rd season Nov. 18 to Jan. 8. What better way to enjoy the wintry times than a drive around one of Canada's longest and longest-running light tours? The top-rated winter attraction in Saskatchewan, the BHP Enchanted Forest is famous for classic displays such as the 12 Days of Christmas, the frolicking snowmen, the North Pole, and Noah's Ark.

Each year the event adds a new attraction – in recent times, attendees have thrilled at the Frozen princesses, the Grinch, the Peanuts Gang and moving displays such as tributes to the Riders, curling and junior hockey.

Visit [enchanted-forest.org](http://enchanted-forest.org) to learn more details about this year's new heartwarming display. You can also find more information by following on Facebook, Twitter and Instagram.

Next up and running for nine days from Nov. 25 to Dec. 3 is the **Festival of Trees**. The 2021 Festival made a triumphant return to its much-loved format. More than 17,000 attendees took in the several dozen displays while all special events were sold out!

A harbinger of the yule season for 37 years, the Festival delights crowds young and old with its beautifully decorated trees, wreaths, centrepieces, and gingerbread houses, all set in the magic of the Western Development Museum's 1910 Boomtown Street.



**The BHP Enchanted Forest Light Tour opens for its 23rd season on Nov. 18. The Festival of Trees runs from Nov. 25 to Dec. 3 at the Saskatoon WDM.**

The Festival also brings joy with its interactive offerings such as photos with Santa, Enchanted story time, free face painting, and character meet and greets at the Fantasy Castle. There's something for everyone to enjoy, including ticketed special events like Brunch with Santa, Father/Daughter Gala, Royal Brunch, and more!

Special event tickets are on sale in early October. For details or to purchase, visit [festival-of-trees.com](http://festival-of-trees.com). Be sure to follow the Festival on Facebook, Twitter and Instagram.

The previous issue of Well Aware reported how the 2022 **Ens Toyota Swinging with the Stars**, held April 8, became the first Foundation event presented since January 2020. It's with even more pleasure that the Foundation announces more than \$180,000 was raised in benefit of the Eye Care Centre! For details on how your support helped, see the stories earlier in this issue.

The news gets even better. You don't have to wait a whole year because **Swinging with the Stars** will be back

in its regular timeslot on January 28, 2023. Big plans are in place to mark the milestone of the 10th annual Swinging with the Stars, of which the last seven have benefitted the Foundation and Saskatoon City Hospital.

Ticket and dancer details will be available later in the fall. To be sure you catch all the great announcements, follow Swinging with the Stars at [facebook.com/SwtsSaskatoon/](https://facebook.com/SwtsSaskatoon/).

It was the first event cancelled, just days after the pandemic was declared and emergency measures put in place in Saskatchewan. Hosted as an online auction in 2021 and cancelled again in 2022, the Foundation is more than thrilled to announce that the **Black Tie Bingo** is back for 2023!

Stock up on your dabbers, practice tying those bow ties, and start shopping for the perfect dress! Black Tie Bingo is scheduled for Saturday, March 18. It's a return to a great night of games, fellowship and fun times.

Tickets will go on sale later in the fall. If you want to be the first to know, visit [facebook.com/BlackTieBingoSCHF/](https://facebook.com/BlackTieBingoSCHF/)



**Black Tie Bingo returns March 18!**

and give Black Tie Bingo a like or follow. Then watch the page for exciting announcements!

The fall version of the **Hospital Home Lottery** is currently on sale and likely close to another sell out. Visit [hospitalhomelottery.org](https://hospitalhomelottery.org) to get your tickets today or call 1-866-957-0777.

The grand prize is a stunning \$1.6 million Decora Homes house in Edgemont Park Estates. The early bird prize is an awesome Candle Lake cottage by Zaks valued at \$800,000.

And don't forget the 50-50 AddOn, which was a record-setting \$1.3 million

in the spring edition of the lottery! While **Golfun** and **Ouzopalooza** are months away, organizers will be hard at work planning these events, respectively and tentatively scheduled for May 18 and May 22 .

*The goal of SCH Foundation and its partner organizations is to provide quality entertainment with safety as a tantamount consideration. If anything has been learned in the past two years, it's that things can change and change drastically at any moment.*

*To stay in touch, subscribe to our Facebook, Instagram and Twitter pages or check out [SCHFGO.com](https://SCHFGO.com).* □



**This Decora Homes beauty in Edgemont Estates is valued at more than \$1.6 million and is the grand prize in this fall's Hospital Home Lottery. Buy your tickets at [HospitalHomeLottery.org](https://HospitalHomeLottery.org) or by calling 1-866-957-0777.**

## YOU CAN MAKE A DIFFERENCE

Planning today will have a significant impact tomorrow

**“They left me everything so what was I to do?”**

That’s what led Rose Jarman to make plans to leave a loving and thoughtful bequest in her Will for Saskatoon City Hospital Foundation.

Now an incredible 103 years old, Rose lost her second husband, George Jarman, in 2004 and then her son, Zenon Kotelko, the following year.

Inheriting both of their estates, Rose wanted to ensure that others would benefit from her loss. Her church, the Ukrainian Museum, and the Heart and Stroke Foundation are just some of the causes she’s supported. She also decided to leave gifts in her will, including a generous bequest for Saskatoon City Hospital Foundation.

“I got to the age where I couldn’t travel and didn’t need to spend the inheritance on anything. George and Zenon both would be happy to know that their legacies are helping other families in Saskatchewan.

“Zenon was born at Saskatoon City Hospital and I also worked there once as a ward clerk. So, I wanted to remember it,” Rose says of her motivation to help the hospital. “This is our hospital and I’m proud to give what I can now, and to also make sure that Saskatoon City Hospital stays great for the next 100 years.

“For me, supporting the hospital is simple. It’s about our health. It’s about your health. When you’re sick, where



**Rose Jarman wants to ensure that others benefit from her inheritance.**

do you go? If we take care of it, our hospital will just keep getting better.”

Rose is one of thousands of Canadians who know what Wills can do.

You, too, have more power to make a difference than you realize. By giving even a small portion of your estate to charity, you can make a significant impact on the causes you care about, and still support those you love. A charitable gift in your Will can reduce the taxes owed, and in some cases even eliminate them, while leaving the same amount of money to heirs.

Like most Canadians, you’ve probably spent a lifetime contributing to a cause that’s close to your heart. Now imagine making a bigger contribution than you ever thought possible, without using any of the money you need during your lifetime, or significantly taking away

from your loved ones. You can have the best of both worlds with a charitable gift in your Will.

**“When you're sick, where do you go? If we take care of it, our hospital will just keep getting better.”**

Consider an average estate of \$845,000. You probably want to leave the majority of your estate to your loved ones. But what if you left a small portion of your estate – 5% of it – to your charity of choice? That small percentage translates to a \$42,250 donation, a bigger impact than most of us would ever be able to make during our lifetime. Imagine what could be accomplished with a donation that size.

Leaving a cash gift to charity is one of the most common ways to make a gift in a Will. However, if you own stocks and bonds and other publicly listed securities with significant accrued capital gains, you should consider gifting them to a charity instead.

You may also consider naming a charity as a beneficiary of your RRSP or RRIF. This can be as easy as designating your charity directly on your plan provider's beneficiary form.

A life insurance policy can be gifted in several ways: You can easily designate

your charity as a beneficiary of your existing policy. You can donate an existing policy to a charity and name the charity as owner and beneficiary. Or, you can purchase a new policy to donate to charity and do the same.

Do you want to know what kind of impact you can make? You can do so easily by using the legacy calculator and other tools at [Willpower.ca](http://Willpower.ca).

The website was created by the Canadian Association of Gift Planners to help the thousands of Canadians who are looking forward and wanting

to make a difference. It's stocked with tips, tools and stories to help you plan. We all want to help those around us and leave the world a better place. Leaving a charitable gift in a Will is another way to make your mark.

If you want to learn more, visit [Willpower.ca](http://Willpower.ca). If you want to see the type of impact you can make at the hospital and read about others who've given, be sure to visit [SCHFgo.com](http://SCHFgo.com).

For more information on how you can help, call Tracy Boyle at 306-655-8538 or email [tracy.boyle@schfgo.com](mailto:tracy.boyle@schfgo.com). □



## IN MEMORIAM

Donations were made from Apr. 1, 2022 to July 31, 2022 in memory of the following people:

Lorie Carey

Jack Carr

Charlotte (Sims) Cormier

Joan Cruse

Grant C. Davis

Marikay P. Falby

George T. Jarman

Zenon G. Kotelko

Ron Leschyshyn

Dr. John A. Mann

Daisy Robb

William Senko

Bonnie Spencer

Jacqueline Wehage

Martin and Elaine West

Leslie Wilson

Marion Wilson

## IN HONOUR

Donations were made from Apr. 1, 2022 to July 31, 2022 in honour of the following people:

Darren Ulmer

Garry A. Ward



# MAKE A DIFFERENCE

# DONATE AT SCHFgo.COM

## IT'S EASY TO DONATE

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It feels good to give. And it's easy, too, if you're wanting to give to Saskatoon City Hospital Foundation.

You can give in person at the Foundation office, next to the front entrance of Saskatoon City Hospital. You can also call 306-655-8489 or toll-free at 1-800-603-4464.

If you prefer online, you can give conveniently by visiting [SCHFgo.com](https://SCHFgo.com). You can see our latest equipment needs, check out donor stories, discover upcoming events, and view your options for legacy giving.

Finally, a great way to give is monthly giving. It saves you the trouble of writing and mailing cheques. Each month, a set amount is automatically deducted from your bank account or credit card and you receive one handy receipt at year-end. You can increase your donation or stop anytime by contacting the Foundation.