

CREATING A COMMUNITY UPGRADING SASKATOON CITY HOSPITAL'S TRANSITIONAL CARE UNIT

Saskatoon City Hospital FOUNDATION

COMPLIMENTARY COPY PLEASE TAKE ONE



SPRING 2018

PRODUCED BY:



SCHFgo.com

FEATURES



MESSAGE FROM THE CEO

Steve Shannon talks about what donors have meant to the hospital since 1983.



EQUIP FOR EXCELLENCE

The Foundation's campaign has raised almost \$10 million since 2013.



CREATING A COMMUNITY

The Transitional Care Unit needs your support for a major upgrade.



DONOR PROFILE

Retired nurse Val Stacey has decided to leave a legacy for the hospital.

13

TABLE OF CONTENTS

Message from the CEO	3
Equip for Excellence	4
Festival of Trees draws 24,000	6
Record crowd for BHP Enchanted Forest	7
New gym equipment will benefit many	8
Emergency Dept. needs blanket warmer	9
TCU: Creating a Community	10
Nurses Alumnae to host final reunion	12
Donor Profile - Val Stacey	13
Hospital Home Lottery	14
15th Kaye Lecture	15
Doctor Series: Small Bowel Ultrasound	16
Auditorium gets makeover	17
In Memoriam/Honour	19

UPCOMING EVENTS



GOLFUN

Enjoy an awesome barbecue lunch and fabulous dinner with 12 relaxed holes of golf in between. Golfun is a different kind of tournament, with funds benefitting the Cameco MS Neuroscience Research Center at Saskatoon City Hospital. bit.ly/Golfun

OUZOPALOOZA

10

Sample the best that Greece has to offer at Ouzopalooza, hosted by Saskatoon's Greek community.

Great food, dancing, and your chance to win some awesome prizes including a trip for two to Greece. tiny.cc/ouzo2018

May 17

FOUNDATION



MESSAGE FROM THE CEO

Steve Shannon

Happy anniversary!

That's right. This year marks the 35th anniversary of Saskatoon City Hospital Foundation. So why am I wishing you a happy anniversary?

Because you are the Foundation. There would be no Foundation without you. In 1983, the healthcare landscape was changing. Saskatoon's population was growing and aging. The then Saskatoon City Hospital building was 40 years old and in decline. It was clear the time had come for a new hospital.

A group of like-minded individuals decided the hospital needed a body through which donations could be raised to support not just the new building but other healthcare needs at Saskatoon City Hospital.

Those like-minded individuals were like you...people who believed in the community and ensuring that the health care provided was the best possible. Other hospital foundations were established at the same time and the current model of funding was created. Government supports the massive lion's share of costs, paying for staff, supplies and physical needs such as buildings and standard equipment.

The foundations – or donors like you – work to provide the extras.

Almost immediately, the impact of donors was great. Saskatoon City Hospital saw new and needed equipment. Within 10 years, again thanks to the work of donors, the beautiful new building we continue to enjoy today was opened.

Happy 25th anniversary to the new Saskatoon City Hospital.

The hospital has evolved in the past quarter century. You've supported major additions such as the Cameco MS Neuroscience Research Center and the Breast Health Center. You've helped purchase large acquisitions like MRIs, mammography units and scoping tools. You've also stepped up for pieces such as a vein viewer, a point of care ultrasound, as well as numerous tools used in the Eye Care Centre and the operating room.

"Thanks to the work of donors, the beautiful new building we continue to enjoy today was opened in 1993."

You've helped make the hospital what it is – a leading centre for ambulatory care. Last year, there were 170,000patient visits to the hospital. More than 95 per cent went home the same day.

When you donate, you play a huge role in the quality of care delivered. Your support changes lives, improves lives and saves lives.

Thank you and, once again, I wish you a very happy anniversary.



EQUIP FOR EXCELLENCE SEES MAJOR DONATION

Funds raised nearing \$10 million

Thank you! The Foundation asked and you answered. In a big way.

Last fall an anonymous donor stepped forward with an amazing donation of \$1.8 million.



"We're so grateful for this extreme act of generosity," says Tracy Boyle, Director of Major and Planned Gifts. "We had compiled an extensive list of items designated as priority needs for the hospital. This donation will improve numerous areas and services in the hospital. We can replace wellused equipment and bring in new technologies that will result in providing the best care possible."

Boyle adds that, "being able to take care of so many needs this way allows us to concentrate our fundraising efforts on other, large projects such as the Automated Breast Ultrasound for the Breast Health Centre."

Operating Room

Over 50% of surgeries performed in Saskatoon are done at Saskatoon City Hospital. Saskatchewan has gone from some of the longest surgical wait times to the shortest average wait time in the country: this despite a steady population increase in the province.

Achieving this goal has placed significant pressure on existing staff and facilities. New or additional equipment is needed to keep up with increased volumes while maintaining the highest level of patient care. The donation allowed for the purchases of 10 new power systems for orthopedic surgeries, a video tower, a gynecology camera, a tourniquet system, and a spine fracture table.

The spine fracture table will enable orthopedic trauma surgeries (such as femur fractures) as well as laminectomies. Laminectomy is surgery that creates space by removing the lamina — the back part of the vertebra that covers the spinal canal. Also known as decompression surgery, laminectomy enlarges the spinal canal to relieve pressure on the spinal cord or nerves.

Post-Anesthesia Care Unit

With the busy operating theatres at Saskatoon City Hospital, its Post-Anesthesia Care Unit (PACU) also experiences high volumes. The same donation sees the purchase of 12 new stretchers, replacing pieces that were becoming beyond repair.



ENHANCING CARE FOR 170,000 PATIENTS

Eye Care, Endoscopy, Rehab also benefit from donation

Eye Care Centre

Saskatoon City Hospital's Eye Care Centre is one of the busiest departments. Thousands of people visit the centre every year where health professionals work so tirelessly to repair and restore vision.

Exam lanes are a crucial part of eye care at the hospital. These lanes allow ophthalmic professionals to meet patients and conduct a number of procedures so that patients don't have to move from room to room. Equipment includes high powered slit lamps, visual acuity systems, and tools to measure or test various parts of the eye.

Last fall's donation allows the Eye Care Centre to upgrade its exam lanes. Many rooms were still using the original equipment installed when the centre first opened in Saskatoon City Hospital.

Ambulatory Care/Endoscopy

As donors, you've played a major role in expanding the tools used by gastroenterologists. This includes an endoscopic ultrasound, a Spyglass scope, and a slim linear scope. The anonymous donor has added to that with the purchase of a small bowel ultrasound.

Small bowel ultrasound allows doctors to better assess and monitor intestinal tract and digestive disorders. The terrific benefit for patients is that it's a non-invasive procedure that can be performed within minutes at bedside. Saskatoon City Hospital is now one of just a few health centres in North America using this diagnostic tool for bowel ultrasound.

The donation also saw the purchase of other crucial equipment for ambulatory care, including vital sign monitors and stretchers.

Rehab Services

Saskatoon City Hospital's rehab ward hosts hundreds of patients every year who are recovering from stroke, acquired brain injury or spinal cord injury. Patients spend several weeks to months in the hospital, many with limited mobility to maneuver or to get out of bed.

New P500 beds with Versa care mattresses will help prevent pressure sores or skin breakdowns in patients who can't move themselves and who are spending longer times in bed than average. The mattresses also make it easier to turn patients, while the beds elevate lower, making patient transfer easier and safer.

"These improvements are significant and necessary for a facility that sees 170,000 patients every year," Boyle reports. "As demand for services grow in the hospital, we're so grateful for all donors who step forward to ensure it has the best and latest equipment, resources and technology."

To learn about current needs, visit SCHFequip.com. To donate, visit SCHFdonate.com.



FESTIVAL OF TREES REMAINS ONE OF CITY'S FAVOURITE THINGS

24,000 attended over nine day event



The song says "a few of my favourite things." But 24,000 people demonstrated they had much more than a few favourite things at this year's Festival of Trees.

The extended run was just the beginning. The Festival was open to the public Nov. 24 to Dec. 2 – two days longer than in previous years. It was obvious that crowds loved the added chances to take in the event. They were naturally attracted to the more than 60 trees, wreaths, and gingerbread displays. Working on the theme of Favourite Things, designers brought a stunning variety, creating an unending sea of dazzling lights and colours for the astonished eyes.

Patrons also loved special events such as Brunch with Santa, the Perfectly Princess Tea Party, the Peter Pan Pajama Party, the Mardi Gras Gala, and the always popular Father/ Daughter Gala. These were all sold or nearly sold out.

Young festival goers were thrilled to see their favourite things, too. They danced and giggled with delight during one of the 11 Minions and Friends Dance Parties. They got closer to heroes like Olaf and Anna, the Minions, Tinkerbell, and the Grinch you love to hate, during one of the three Celebration Parades. The new Santa's Raffle Village raised an amazing \$20,145, with PotashCorp (Nutrien) matching up to \$5,000. Six lucky winners took home a great prize, including a free WestJet trip to Disney World Parks, Hillberg & Berk jewellery tree, \$2,500 in Co-op gift cards, a Beauty and the Beast tea set, and a character party. Meanwhile, the 50-50 winner took home \$3,860.

The excitement was so much, attendees had to energize themselves by eating 28,056 gingerbread cookies!

All this will be back for another great nine days – Nov. 23 – Dec. 1, 2018. Do you want to increase your involvement? Consider lending your talents by volunteering, designing a display, or being a sponsor. The Festival benefits Saskatoon City Hospital Foundation – this year's proceeds raised funds for vital equipment in the hospital's MS Clinic.

For more information, visit Festival-of-Trees.com.



BHP ENCHANTED FOREST SHINES BRIGHT

19th year was record breaking

Like the Grinch's heart, the BHP Enchanted Forest grew two sizes.

Buoyed by the attraction of a brand new, heart-warming Grinch display and massively popular walk-throughs, attendance soared to an amazing 77,000. The largest-ever crowd for the event easily retains the Enchanted Forest's title as Saskatchewan's topdrawing winter tourism activity.

The year was book-ended by Saskatchewan Blue Cross Push2Play Light Walks on Nov. 17 and Jan. 7. The first night drew 5,000 people while closing night saw another 4,000 people who enjoyed the lights on foot.

In between, not even a long cold spell over Christmas could keep people away. Organizers note about 30,000 visitors were from out of town, combining their stop at the Enchanted Forest with a Blades or Rush game, Christmas shopping, or family visits.

"Mommy, it's the Grinch!" was a

likely exclamation no doubt heard throughout the event. The four-part display, created by Rick Steffen, brilliantly captured the pleasing tale of everyone's favourite Christmas Dr. Seuss villain.

Final figures weren't available as of this printing but organizers estimate net proceeds of \$250,000 for the 2017-18 BHP Enchanted Forest. This benefits the Saskatoon Zoo Foundation and Saskatoon City Hospital Foundation's Equip for Excellence campaign.

Thanks go to long-time title sponsor, BHP, as well as the 55 business and media sponsors who helped make the event so successful. Thanks are also due to the Saskatoon Rotary Club and the Saskatoon Nutana Rotary Club for providing the front gate attendants every evening of the event.

With an amazing 19th season setting dazzling records, organizers say the 20th version of the event promises to



be just as good. Mark your calendars: the holiday light tour opens November 16th with the first of two Saskatchewan Blue Cross Push2Play Light Walks. November 17th is the first night for drive-through vehicle traffic. The last drive-through night is January 5th and the final Push2Play Light Walk will take place on January 6th.

For more information visit the webiste at enchanted-forest.org. You can also follow the BHP Enchanted Forest on Facebook and Twitter.



RECREATION THERAPISTS WORK THROUGHOUT HOSPITAL

New gymnasium equipment would benefit patients of all ages

Recreation Therapy (Rec. T) is offered in numerous departments throughout the hospital. It benefits people of all ages – from older adults on the Transitional Care Unit to children and youth accessing Mental Health and Addiction Services (MHAS).

"You'll also find Rec. Ts in the Rehabilitation Centre, Geriatric Evaluation and Management, the Convalescent Unit and Acquired Brain Injury Outreach," says Sherri Nelson, practice leader for Recreation Therapy.

"Rec. T's serve both inpatients and outpatients," she adds, noting a wide range of clients. "We might work with an older adult who's had a stroke and wants to golf again. We'll help them adapt based on their new abilities.

"Or we'll work with young people with mental health challenges to develop physical activity and recreation skills. Functional interventions to promote recovery focus on leisure and social skill development, improving selfconfidence and developing coping and resiliency skills to enhance success at school and in the community."

One of the prime locations recreation therapists deliver programming is Saskatoon City Hospital's gymnasium, Nelson says. "It's an important treatment space but much of the equipment has been there since the new hospital opened in 1993 and needs replacement."

Therapists are asking donors to purchase varied equipment such as sport wheelchairs, an indoor curling set, darts and boards, an adapted bowling ramp, a bocce set, softball, tennis, badminton and pickle ball equipment, sports balls, a water wheelchair, a voice booster, an Apple iPad Pro, iPods, and headphones.

"The voice booster helps those with hearing impairments participate in relaxation sessions," Nelson says. "The sports wheelchair could introduce a young client with spinal cord injury to activities that benefit their post-injury lifestyle.

The iPad apps and games would benefit people with accessibility or visual impairments and help to improve attention, eye-hand coordination and teaching mindfulness to assist with pain reduction. The iPods would allow older adults with dementia to listen to familiar music and reminisce while promoting relaxation and decreasing agitation."

Recreation Therapy is so much more than fun and games, Nelson adds. "It uses the power of recreation activities to support rehabilitation and promote healthy living throughout the lifespan. The lifetime health benefits of daily physical activity are well-documented; new equipment would enhance our ability to promote active lifestyles for patients for many years to come."

To donate, go to SCHFdonate.com, visit the Foundation office or call 306-655-8489 (toll-free 1-800-603-4464).



EMERGENCY DEPARTMENT NEEDS BLANKET AND FLUID WARMERS

Equipment being used is more than 30 years old

Being at an emergency department is a traumatic experience. You can make that situation more comfortable and pleasant for patients.

"The Emergency Department (ED) at Saskatoon City Hospital needs two new warming cabinets for warming blankets and IV fluids," reports Lilah Weinberger, nurse manager for the department. "These will be used in all areas of the ED but in particular the intensive care and observation areas.

"Staff and patients have told us how some parts of the observation or minor assessment and care rooms can be quite cold, especially beds that are located near windows" she adds. "Being able to provide warm blankets

"Every breakdown could be the last for that warmer. We want to replace all our warmers before this happens." or warm IV fluid will help make people more comfortable while they're being treated or waiting for treatment."

Maintaining a patient's normal body temperature has been proven to dramatically improve patient outcomes. A warming cabinet keeps blankets and IV solutions warmed to optimal temperature.

Weinberger says the department currently has warmers but that they are three decades old and well beyond their lifespan.

"The outdated warmers we have now have been in use since 1985 and are not always the most reliable. Our maintenance staff tells us that repairs are more frequent and they're getting harder to repair as parts are becoming obsolete. Every time there's a breakdown, it could be the last for the warmer. We want to replace all our warmers before this happens. "The current blanket warmers are also quite small and can only accommodate up to 12 blankets," Weinberger says. This means the warmers require more frequent restocking with less time to warm up. "That's just not enough space for those times when the emergency department is very busy, which is really quite frequent."

She notes that there are also safety factors and cost issues for replacing the equipment. "Because the machines are smaller and lower, staff has to bend and strain to fill them, which they do often. Using warmed blankets means we could use less blankets and that would reduce laundry costs."

You can ensure patient comfort during trying times. To donate, visit SCHFdonate.com or drop by the Foundation office near the front doors of the hospital. You can also call 306-655-8489 or 1-800-603-4464.

TRANSITIONAL CARE: CREATING A COMMUNITY

"Eating in their rooms or the hallway is not desirable for residents and can be quite lonely." "The Transitional Care Unit (TCU) is generally designed to provide care on an interim basis. It serves those who, for a variety of reasons, have had but no longer need acute care," says Carol Maduck, nurse manager of the unit. "They're also unable to be at home on their own, and are waiting for a permanent home that meets their needs."

TCU can accommodate up to 30 residents. However change can be constant. For example, last October saw 39 residents leave the unit for placement. Regardless of how long residents stay, the Transitional Care Unit's goal is to make it feel as close to home as possible while preparing them for what will become their new homes.

The time spent on TCU depends on the number of vacancies in the city and the residents themselves. Some can be in the hospital for as little as just one day but there have been residents in the unit for more than a year while waiting for the right placements.

You can help Transitional Care's residents feel at home. Your gifts will support a major, vital upgrade to the 30-bed unit. The project includes a capital renovation, the addition of new furnishings and décor, and addressing the equipment needs of the unit.

The unit's list of needs includes:

Creating a dining space in the unit:This involves removing a wall between two current rooms to create a larger space. It would see accessible tables that lower or raise for wheelchair patients and versatile chairs that can

be stored or put to use in quick time.

The goal is to create an engaging and comfortable space where residents could eat their meals and socialize. Staff see every day how mealtime can be very isolated for residents. Eating in their rooms or the hallway is not desirable for residents and can be quite lonely. The dedicated dining space would let residents eat together and enjoy the company of others if wanted.

The space also would be multifunctional, serving as a TV room, an activity and recreation room, and even a space for entertainment such as Christmas concerts, or bingo and other games. It will also be a relaxing environment for residents to enjoy quiet time with family and friends.

Creating a friendly décor: The Transitional Care Unit is locked and access is by coded entry for the safety of wandering residents unable to find their way back to TCU. Locked doors on the unit unfortunately can create unfriendly barriers and result in the feeling that residents are trapped.

Murals shown on the entryways would help alleviate this while giving the unit a fresh and welcoming look. This would be complemented by framed artwork, including pieces created by the residents themselves.

The unit's visiting physician, Dr. Berwyn Larson agrees. "In my experience in long term care, such murals are a practical tactic in preventing exit seeking as well as improving the overall aesthetics and facilitating a homier environment."

Updated equipment: In addition to creating a better sense of community and a friendly environment, the Transitional Care Unit also needs a major equipment overhaul. Though the unit is newer, many of the beds have been in use since at the hospital since the 1980s. As a result they do not provide options that newer beds provide, such as raising and lowering to meet individual resident needs. These new fully electric beds will be safer for both residents and staff.

"The modernized equipment is a must especially since long term care workers, which this unit's staff more or less falls under, have one of the highest injury rates among healthcare professionals," Dr. Larson adds.

"Although the residents will primarily benefit from new equipment, it's also important to highlight the safety of caregivers when any improvements are being made."

With some residents being less mobile and confined to bed for long periods of time, the unit also requires new specialized beds and mattresses that prevent sores and skin breakdown. Among the other equipment needs are additional replacement beds including bariatric beds, new ceiling lifts, high-back wheelchairs, medication crushers, and a shower chair.

These will all add to resident comfort and safety. The unit's recreation therapist has also requested iPods and iPads to help create purposeful activities for our residents.

You can support this vital project and help create a community in the Transitional Care Unit. To donate, visit SCHFdonate.com, stop by the Foundation office in the hospital, or call 306-655-8489 (1-800-603-4464).

HOSPITAL LIFE



A HISTORY OF CARING

Saskatoon City Hospital Nurses Alumnae to hold 'final' reunion

From 1909 to 1969 the Saskatoon City Hospital School of Nursing produced 2,110 graduates.

Next year, its last graduates from the classes of 1965 to 1969 will stage their 50th anniversary reunion. The event will be hosted by the Saskatoon City Hospital Nurses Alumnae from May 31 to June 2, 2019. The highlight will be Golden Grad Pins given to each person celebrating the anniversary of their 50th year since graduation.

"We're confident in saying that this will be the final Alumnae reunion for our school of nursing," says one of the organizers, Gwen Joa. "The classes that haven't received their 50 year pins – 1965 to 1969 – will be presented with them at this time."

Saskatoon City Hospital Nurses Alumnae traditionally hold a reunion every five years. Opened in 1909, City Hospital was the first municipal hospital in Western Canada and the second in Canada. The school of nursing was established the same year with the Nurses Alumnae Association formed in 1916.

For registration and information, search for @SCH.alumni. reunion on Facebook or contact mds411@sasktel.net

The school officially closed in 1969 with nursing education moving to universities and colleges in the province. But the Nurses Alumnae has remained active. A key contribution was the creation of an endowment to ensure the maintenance of the Saskatoon City Hospital Chapel in perpetuity under their stewardship. "This is the legacy we wanted to leave," Joa reports. "The Alumnae are committed to carry it out and have set up the funds necessary to do it."

Through 2019 the Alumnae will have a representative on the Saskatoon City Hospital Foundation board of directors. Retired nurses serve as teachers, role models and mentors. They remain an inspiration to those wanting to follow in their footsteps.

These and other accomplishments will be celebrated at the reunion next year, Joa says. "It's one last opportunity for us to celebrate and be together. We've kept updated information on all the graduates to the best of our abilities and don't want any alumnae to miss this opportunity."

For registration and information, search for @SCH.alumni.reunion on Facebook or contact mds411@sasktel.net.

DONOR PROFILE

NURSES ALUMNA PLANS LEGACY FOR FOUNDATION

Val Stacey worked in hospital's emergency department for 20 years

Saskatoon City Hospital has long been a part of Valerie (Val) Stacey's life. Likewise, Val Stacey has long been a part of life at City Hospital.

The retired nurse was born at the hospital. She trained at the School of Nursing that was based in the hospital and then spent 20 years working in emergency. For the past two years Valerie has sat on the Foundation's board of directors as the representative for the Nurses Alumnae.

"It was my home away from home," she says of her training at the hospital's School of Nursing. "In those days, students lived in the residence. I made friends that are still friends today. Thanks to the Nurses Alumnae, I'm in touch with many of them."

"I enjoyed my years working there, too," Valerie adds. "It was known as a community hospital. After graduating, I wanted to stay at City Hospital and was assigned to emergency. It was one of the areas I wanted when I was training. I was a general duty nurse for a year and a half, then the assistant head nurse for 17 years. I eventually became head nurse and served for a year."

Valerie also nursed at the Cancer Centre for 12 years and Sunnyside Nursing Home for seven. She tried to retire but still provides companion care from timeto-time.

Her time on the Foundation board has given her an entirely new perspective. "I've enjoyed learning more about how things work in the health system. The hospital has changed since I worked here and I'm glad to do what I can to



help things go forward, especially with regards to new equipment."

Val decided she wants the connection with Saskatoon City Hospital to continue. She's amended her will to include the Breast Health Centre, the Foundation and the Nurses Alumnae.

Her gift is in remembrance of her parents as well as her own health experiences. "My dad died from emphysema, which developed because he was exposed to mustard gas in World War One. I lost my mom to pancreatic cancer. I've also had a malignant melanoma twice and breast cancer. I had surgery five years ago but was blessed because I didn't need chemo or radiation.

"The health care aspect of my life was very important to me," Val says. "I thought I should do what I could now for health care."

For her enduring gift and compassion, the Foundation thanks Val Stacey.



HOSPITAL HOME LOTTERY

Stunning Greenbryre house is lottery's largest grand prize ever

Worth \$1.7 million and featuring an astonishing 5,500 square foot, Haven Builders custom-built home, it's absolutely no surprise that this spring's Hospital Home Lottery grand prize is the largest ever offered.

The home at Greenbryre sees elegant walnut throughout, luxurious Cambria quartz kitchen countertops, an 18foot island, concrete feature walls, a covered outdoor entertainment space, and a secret entrance to an entertainment room. On top of all this – yes, there's more – is \$25,000 cash!

Equally stunning is the early bird prize, a 2018 Maserati Levante Q4 All-Wheel-Drive. Maserati's first luxury SUV is designed for comfort and style but also as a 'go anywhere' off-roader. The winner can alternatively chose \$100,000. The early bird deadline is March 16.

While the deadline has passed on the bonus draw – a breathtaking travel package featuring the Seven Wonders

of the World – there are other great vacations to be had. This includes a Polar Bear Excursion to Churchill, and trips to Thailand, Mexico, Iceland, New Orleans, New York or PEI.

Since 1983, the Hospital Home Lottery has generated nearly \$30 million, a significant health care investment in the community.

A host of other prizes includes four more vehicles, recreation vehicles, sports equipment, electronics, gift cards, and Rush season tickets. The 50-50 AddOn is back – last spring's topped \$700,000 with \$350,000 going to the winner. And 100 lucky people will take home \$1,000 in the 100 Days of Winning Cash Calendar draw. In total, there's a whopping \$2.2 million being given away. Despite this, ticket prices stay the same, starting at \$100 for a single ticket, \$10 for a 50-50, and \$25 for the 100 Days of Winning Cash Calendar, with great savings on multiple ticket purchases.

Tickets have been on sale since January so hurry now to get yours or be disappointed. Tickets are on sale in the show home at 312 Greenbryre Lane, at, St. Paul's, Royal University and Saskatoon City Hospital Foundation offices, and at Dodge City or Krazy Kiley's.

You can also purchase online at hospitalhomelottery.org or by calling 306-955-8200 or 1-866-957-0777.

Proceeds support the three hospital Foundations. Since being established in 1983, the Hospital Home Lottery has generated nearly \$30 million, a significant health care investment in the community.



15TH KAYE LECTURE

Education opportunities for eye care professionals

For 15 years, the annual Kaye Pediatric Ophthalmology Lecture has been connecting professionals from the hospital's Eye Care Centre with distinguished practitioners from across North America and the UK.

Presented by the Kaye Pediatric Endowment, last October's lecture featured Dr. Michael O'Connor. Dr. O'Connor is an ophthalmologist and surgeon at Children's Hospital of Eastern Ontario in Ottawa. Educated at Queen's University, he previously worked at The Hospital for Sick Children / University of Toronto, and the University of Ottawa Eye Institute. Dr. O'Connor, a pediatric ophthalmologist and comprehensive adult ophthalmologist specializes in adult strabismus and cataract surgery.

His Kaye Lecture keynote address was titled "We Broke the Rules of Strabismus. Here's What Happened Next." He talked about identifying types of strabismus, adjusting target angles during classical surgery, and when surgical techniques should be altered.

In other presentations, Dr. O'Connor spoke about topics such as pediatric glaucoma, nystagmus, oblique muscle surgery, and double vision. Those attending the lecture series heard about thyroid eye disease from Eye Care Centre orthoptist Jocelyn Zurevinsky, and resident ophthalmologist, Dr. Raymond Ko. Time was allotted for staff orthoptists and conference attendees to present and discuss interesting cases.

The Pediatric Ophthalmology Lecture was created by Olga and the late

Ludwig Kaye in tribute to their daughter, Constance. Constance passed away in 2011, yet the endowment remains a lasting legacy to the family name and care provided to her at the Eye Care Centre.

Pictured above, from left to right – Front: Steve Shannon, Dr Paul Murphy (Ophthalmology Head), Dr Shehla Rubab (Pediatric Ophthalmologist), Dr Michael O'Connor (Pediatric Ophthalmologist – Kaye Lecture speaker), Dr Vasudha Erraguntla (Pediatric Ophthalmologist), Dr Robert Pekush (Ophthalmologist); Back: Orthoptists – Michael Walby, Melissa Racine, Katie Pendleton, Nichole Pereira, Jocelyn Zurevinsky, Joel Hyndman.





DOCTOR SERIES FEATURES CITY'S NEW GASTROENTEROLOGIST

Dr. Tom Guzowski relays need for Small Bowel Ultrasound

About 60 people gathered in the Rependa Centre's newly named Asher Auditorium last November to hear an inspiring presentation.

They were there for the Foundation's latest Doctor Series, which features health practitioners talking about their work and the tools they use. In this case, it was Dr. Tom Guzowksi, who recently joined the U of S department of Medicine as an assistant professor and gastroenterologist.

Dr. Guzowksi also spends time working in the Endoscopy Suite, a key part of

Saskatoon City Hospital's Ambulatory Care department. Donors have seen the suite drastically increase its capabilities with the addition of an endoscopic ultrasound (EUS), a Spyglass scope, and a Slim Linear scope, all in the past two years.

The new-to-Saskatoon

gastroenterologist talked about another way to enhance diagnostics in the hospital – with the addition of a small bowel ultrasound (SBU). SBU is a non-invasive procedure that can be delivered at a patient's bedside without the need for any pre-appointment



Photo courtesy of Trevor Bothorel/CBC Radio-Canada

preparations such as fasting. A significant improvement from the current diagnostic process, this procedure is ideal for following, assessing and managing treatment of patients with Crohn's or Colitis as well as diverticular disease, Celiac's disease, and other abdominal conditions.

Dr. Guzowski presented cases where patients would benefit from SBU and then answered questions from those in attendance. The program concluded with a tour of the Endoscopy Suite, led by Dr. Anil Bedi and Richard Dagenais, manager of Medical Imaging. Through the tour, donors saw firsthand the results of their generosity.

Before they did, though, Foundation CEO Steve Shannon reported that the purchase of a small bowel ultrasound had been completely funded by a donor!

If you'd like to be included on the list of people invited to future Doctor Series presentations, contact the Foundation by emailing SCHF@SaskHealthAuthority.ca.



REPENDA CENTRE AUDITORIUM GETS A MAKE-OVER AND NEW NAME

Named for Asher family after generous donation

Visitors to the hospital's Rependa Centre may have noticed the auditorium has a new name – the Asher Auditorium.

The naming happened after a generous gift from Shirley and Orme Asher funded improvements to the auditorium, which hasn't been updated since it opened in 2005. The Ashers founded S.O. Asher, the local company which operates the Hospital Home Lottery on behalf of Saskatoon City, Royal University and St. Paul's Hospitals. Their leadership and marketing prowess has seen almost \$30 million raised for the three hospitals.

Jennifer Falastein, Saskatoon Telehealth manager with the Saskatchewan Health Authority, says changes were overdue. "There were some parts of the theatre that we hadn't used for months because the equipment was no longer functional, especially videoconferencing."

Before beginning the renovation, she says Telehealth conducted a needs assessment based on user groups and how they utilize the auditorium.

Asher Auditorium

This technology is crucial to Saskatoon City Hospital's role as a teaching hospital. It's booked year-round for nursing and teaching rounds, grand rounds, patient education sessions and other professional purposes as well as by numerous community groups offering healthcare related learning events. Videoconferencing allows people and groups beyond Saskatoon to enjoy the same learning opportunities.

Falastein says the upgrade included four main areas. "We were able to include teleconferencing integrated with the audiovisual system. The auditorium is now set up for integrated web conferencing, which enables webinars and online educational events. "The videoconferencing capabilities were upgraded to include high-definition cameras and two big-screen televisions. The TVs are great because you can have different images on each of them."

An integrated hearing-loop, the fourth major piece of the upgrade, is the first one for a venue of this size in Saskatchewan. "It's essentially a wire feed from the audio system that circles the room and feeds directly into hearing aids with T-coils, which many have now," Falastein reports. "The listener can hear whatever is being said in room without needing to use a headset."

More details of the Asher's gift will be available in a future issue of Well Aware.

FOUNDATION



FOUNDATION UPDATES WAY IT HONOURS SUPPORTERS

Donor wall recognizes the thousands who have given

Depending when you're reading this, you may have noticed some changes to the entrance of Saskatoon City Hospital.

The Foundation is updating its donor recognition walls.

"The Foundation is celebrating its 35th anniversary this year," says CEO Steve Shannon. "In the last three and a half decades, we've engaged with thousands of supporters who've raised more than \$50 million for the hospital.

"This led to a problem but it was a good problem to have – our donor wall

just simply ran out of room. Thanks to donors like you who continue to support enhancing health care, we needed to renovate the existing wall."

The changes will see the donor wall expand from its current location in the rotunda immediately in front of the entrance. Starting adjacent to the information desk, all four walls in the entrance area will now include donor names as well as information about the hospital and foundation.

"We're modernizing the displays with the intent of making it easier for people to read donor names on the walls or to even see their own names or names of family and friends," Shannon says. "We'll also be sharing the story and history of the hospital as well as the Foundation. Finally, visitors to the hospital will be able to enjoy improvements and additions to the front entrance seating area.

"Donor walls are an important part of the philanthropy process," he adds. "They're a focal point for information where supporters can inspire and be inspired."

SCHFgo.com SCHFdonate.com SCHFequip.com

FOUNDATION

SASKATOON CITY HOSPITAL FOUNDATION

BOARD OF DIRECTORS

John Barton (Chair) Bill Cunningham (Treasurer) Dr. Frank Hohn Tj Keller Liam Mooney Warren Postlewaite Cliff Russell Heather Ryan Randy Singler (Vice Chair) Diane Shendruk Terry Sirois Valerie Stacey Deven Stewart Braden Turnquist Holly Ward

CHIEF EXECUTIVE OFFICER Steve Shannon DIRECTOR OF MAJOR & PLANNED GIFTS Tracy Boyle EXECUTIVE ASSISTANT/STEWARDSHIP **Kendra Parfitt** DATABASE MANAGER/ADMIN. ASSISTANT **Marlene Saretsky ACCOUNTING ADMINISTRATOR Judy Giles EVENTS & COMMUNITY RELATIONS Nicole Hustei COMMUNICATIONS DIRECTOR** Tom Eremondi **GIFT SHOPPE Brenda Johnson (Manager)** Linda Jacobson **Jamie Schumacher Carol Waters**

CONTACT US

P 306.655.8489 F 306.655.8245 SCHF@SaskHealthAuthority.ca



PRIVACY POLICY

Saskatoon City Hospital Foundation is committed to maintaining the confidentiality of our donors. All personal data provided is secure information. We do not lend, exchange, rent or sell our donor lists to other organizations. We do like to publicly recognize our donors, but if you prefer to remain anonymous, please let us know.

IN MEMORIAM

Donations were made from August 1 to December 31, 2017 in memory of the following people:

Mel Beal Gordon Bonnor Olga Chmill Sophie Chmill Dave Davis William Dudar Harry Emson Doug Green Lorraine Greer Alice M. Guttormson Marjorie Henning Roberta Hodge Patricia Hodgson Ella Hoffer C.J. Humbert Bill Insull Edna Irvine Douglas Jacobson Delia Johnston Laura Klassen Peter Krawchuk Marilyn Kurenda Eileen Leard Ron Leschyshyn John Loraas Nellie Loy Steve Lupick Brian McKenna John Moran Darlene Newell Blanche M. Randall Hilda Robertson William H. Senko A.E. Somerville Dale Soroski Thelma Stevens Verena Stolz Goff & Jean Strachan Betty Tuslin Jim Underhill George Varughese Caroline R. Welbourne Sophie Wig Marguerite Wilson Helen Woykin

IN HONOUR

Donations were made from August 1 to December 31, 2017 in honour of the following people: Shari Beveridge Lou Coderre Hira Gavri Kavia Dennis & Sharon Lanigan Ray & Jane Olson





SO EASY TO GIVE

Just visit SCHFdonate.com. You can also call 306-655-8489 (toll free 1-800-603-4464) or visit us in City Hospital. Your donation to the Foundation supports all of Saskatoon City Hospital's programs and departments.

Saskatoon City Hospital is home to the Eye Care Centre, Sleep Disorders Centre, Geriatric Evaluation and Managment Unit, Women's Health Centre, Gynecology, Convalescent Unit, Orthopedics, Rehabilitation Centre, a Medical Imaging unit, and the Irene and Leslie Dubé Centre of Care Breast Health Centre. It is also one of the few acute care hospitals in Canada to house both a national research facility – the Cameco MS Neuroscience Research Center -- and an MS Clinic.