

FALL 2018

WELL **AWARE**

PEOPLE CARING FOR PEOPLE

A BETTER LOOK FUNDING FLUOROSCOPY



Saskatoon City Hospital
FOUNDATION

COMPLIMENTARY COPY

PLEASE TAKE ONE



Saskatoon City Hospital Foundation Board of Directors 2018 – 2019 and CEO:

From left to right: Terry Sirois, Deven Stewart, Liam Mooney, Meghan Gervais, Holly Ward, Tj Keller, Steve Shannon (CEO), John Barton (Chair), Tracy Arno, Randy Singler (Vice-Chair), Warren Postlewaite, Diane Shendruk, Valerie Stacey.

Missing: Heather Ryan, Dr. Trent Thiessen, Braden Turnquist.

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Muriel Jarvis had a long and distinguished career in health care.

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UPCOMING EVENTS



BHP ENCHANTED FOREST

Be part of Saskatchewan's top winter tourism attraction. The BHP Enchanted Forest is open at the Saskatoon Zoo from Nov. 17 to Jan. 5, with special walk-throughs taking place on Nov. 16 and Jan. 6.

For info, visit enchanted-forest.org.

Nov. 17 - Jan.5



FESTIVAL OF TREES

Back by popular demand, the Festival of Trees is again open to the public for nine days this year.

Enjoy the sights Nov. 23 - Dec. 1. For special events and ticket information, visit the website at festival-of-trees.com.

Nov. 23 - Dec. 1



MESSAGE FROM THE CEO

Steve Shannon

"I can't afford to give much, what difference will it make?"

This is a question that can be heard frequently in fundraising circles. The answer to "what difference will it make?" is a simple one: It will make a huge difference.

That's because from the moment that you decide to donate, you are no longer alone. You become part of a greater community, a community of like-minded people who have all chosen to support the same thing – in this case it's ensuring that patients at Saskatoon City Hospital have access to the best care and equipment possible, resulting in great outcomes.

As we celebrate the 35th anniversary of Saskatoon City Hospital Foundation this year, I am reminded that when I was a volunteer board member here, a project came to the surface that was talked about for years. Nurses, doctors and patients all shared the dream of a Breast Health Centre.

Many, including me, thought that our contributions were too small to help make this dream come true. As momentum started, and the Dubés gave us the first million dollar gift, other gifts started to appear.

One group supporting the dream was the City Hospital staff. Our own accounting administrator, Judy Giles, and her friend Maxine sat at a table and signed up hospital staff for monthly giving – they raised more than \$250,000.


Then past patients, friends, families, businesses and donors all joined, including Francesca Iosca-Pagnin, who sold her survivor story book that raised more than \$300,000.

The dollars became hundreds, the hundreds became thousands and the thousands became millions. How blessed we are to live in this province where no gift is too small and giving is a culture.

"From the moment that you decide to donate, you are no longer alone. You become part of a greater community of like-minded people."

You make a difference. You give "until it feels good." We're humbled to accept your gifts and use them to support excellence in our hospital.

As we enter the fall season and, as you can see from this magazine, we have some large projects on our list. To serve patients and the staff that care for them, the hospital simply needs the best equipment.

Thank you for your gifts. We hope it makes you feel not only good but GREAT! 

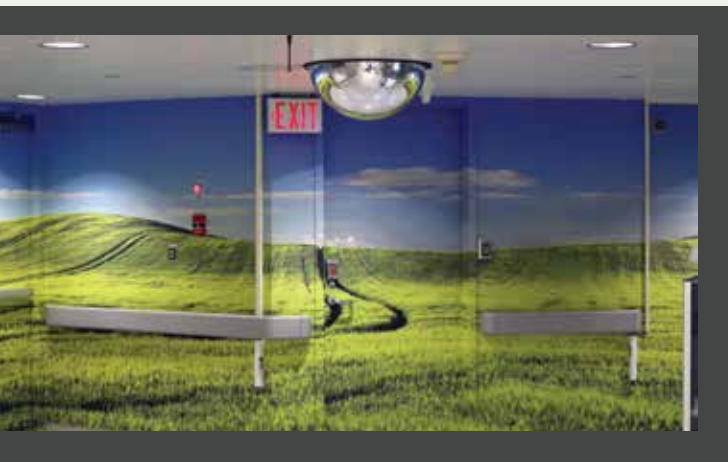


EQUIP FOR EXCELLENCE NEARING \$11 MILLION

Donors helped create a community in Transitional Care

You've been busy. Over the past few months, you've answered the call to fund new programs and initiatives.

You created a community in the **Transitional Care Unit (TCU)**. The 30-bed unit is a temporary stop for people who no longer require acute care but haven't found placement in a community facility. Staff wanted to make the unit more home-like.



You've granted their wishes. The TCU is now painted with bright and warm colours. It's also home to several

murals depicting local scenes. Staff tell about one resident who seldom left his room, but now ventures down the hall to view the new prairie scene artwork, saying he's going to "check the crops."

Another welcome addition was the creation of a communal, multi-purpose room. With beautiful views overlooking Kinsmen Park, residents have joyfully gathered there for meals, to play games, do crafts and just to visit. Your support has helped residents overcome isolation.

Your gifts also helped the **Convalescent Unit**. The 28-bed ward provides care to patients who no longer require acute care but need more time and therapy to recover from hospital stays before returning home.

A new bladder scanner allows staff to measure patients' urinary retention without the need for invasive catheterization. This unit also received

new wheelchairs, walking aids and oxygen monitors.

One item requested by staff was paid for before being published in *Well Aware*. Brian and Kathy Turnquist read the spring issue's request for new blanket warmers in the **Emergency Department**. It reminded them of when their two boys were born at City Hospital and how comforting it was to have warm blankets.

When the Turnquists contacted the Foundation, they learned another donor had paid for one blanket warmer. They agreed to fund the second unit and pay for a second vein viewer for the hospital. Using infrared light, it allows staff to see patients' veins, making IV insertion easier. The hospital's **Clinical Treatment Centre** used it so much, it requested a dedicated unit for the centre.

For all you've done, thank you. If you'd like to know more about equipment needs, visit SCHFequip.com. □



FAMILY PURCHASES VEIN VIEWER FOR HOSPITAL

Turnquists respond to staff request for blanket warmer

Foundation donors for more than a decade, Brian and Kathy Turnquist say they decided to do more after reading a recent issue of Well Aware magazine.

Originally from Tisdale and Prairie River, Kathy and Brian moved to Saskatoon in the late 1970s. Their boys, Braden and Blair were born at Saskatoon City Hospital in the 1980s.

“We saw the story about blanket warmers that were 30 years old,” reports Brian, “and realized that they were first bought around the time when our boys were born. Kathy would have had the benefit of a blanket warmer that was relatively new back then.”

“I never forgot that,” Kathy adds, “I remember the nurse bringing me a warm blanket and thinking how wonderful it was.”

The Turnquists contacted the Foundation office and then came to visit staff. When they noted how much they were willing to give, Brian and

Kathy agreed to fund another pressing need: a second vein viewer for the Saskatoon City Hospital.

The hospital acquired its first vein viewer about three years ago. In that time, the Clinical Treatment Centre, which does numerous intravenous treatments every day, has practically commandeered it. Staff realized a second vein viewer was much needed.

A Chartered Professional Accountant (CPA), Brian was a partner at Thomson Jasper until he retired a few years ago. “It was a good career and Saskatoon’s been good to us. That’s why we’re in a position to be able to give now.”

Braden and Blair followed and are both CPAs. Braden (a Foundation board member) is a partner with Thomson Jasper while Blair works for Crossmount Village. “I’m the team manager,” Kathy quips.

“The health care system has always been good to us and other family



members whenever we needed to access it,” Brian says. “This is our way of giving something back and helping people from Saskatoon. We like that it’s not just helping patients, it’s also helping staff do their jobs better.”

The Foundation thanks the Turnquists for their generous donation!

Pictured above: Brian Turnquist, Heather McDiarmid (RN), Blair Turnquist, Sandy Wilson (RN), Braden Turnquist, Kathy Turnquist and Tess Gieg (RN) with the new vein viewer purchased by the family. □



PHARMACY DEPARTMENT NEEDS FRIDGES, DISPENSING SYSTEM AND MORE

\$2.5 million required to improve patient safety throughout hospital

Saskatoon City Hospital's Pharmacy Department is a busy one, processing over a million doses for the hospital and affiliated health agencies in the Saskatoon and surrounding area.

That means there are a million times every year when patients are taking medication prepared at the hospital. A million times a year when it's crucial that the right medication and the right dosage is administered.

You can ensure that those medications are safely stored and dispensed by supporting Saskatoon City Hospital Foundation's Equip for Excellence campaign.

“The fridges in current use in Pharmacy are well beyond their lifespan and repair.”

The Pharmacy Department has requested \$2.5 million to replace aging equipment in the intravenous (IV) storage room and to also install a new medication dispensing system throughout the hospital.

“The most pressing, immediate need is the replacement of a pass-through fridge and two double-door fridges in the IV room,” reports Patrick Robertson, executive director, Provincial Programs – Pharmacy Services in the Saskatoon area of the Saskatchewan Health Authority.

“The fridges in current use are well beyond their lifespan and repair.”

The fridges are essential to ensure that IV antibiotics and other fluids remain usable. New equipment will improve storage and also has added features such as bacteria-resistant coating on exterior and interior surfaces. As with most new equipment, the new fridges

are energy efficient, which will result in cost savings for the hospital.

Another item in this initiative is a remote camera, also required for the IV Room. “Cameras in IV rooms are now the standard practice in health care pharmacy operations in North America,” Robertson says.

“The cameras are used to remotely verify IV production. It increases safety and improves efficiencies.”

An added layer of verification and safety, Pharmacy has requested a FastPak Verify which works seamlessly with the pharmacy's existing FastPak medication dispensing system. By analyzing the size, shape, quantity and markings of the dispensed medications the system will alert pharmacy staff if there are filling discrepancies or errors.

(continued on next page)



AUTOMATED DISPENSING WILL IMPROVE PATIENT SAFETY

System is also used and being installed in other Saskatoon hospitals

The largest part of the funding request from the Pharmacy Department will see a new automated dispensing system installed throughout the hospital, Robertson says. “The plan is to roll it out in three phases. When complete, the system will be installed in about a dozen patient care areas, including the OR suites, recovery rooms, emergency, and outpatient units at the hospital for the provision of narcotics, usual first doses and wardstock medications.”

Robertson says staff prefers a system with the brand name Pyxis. “These automated dispensing cabinets are computerized storage devices that allow medications to be stored and dispensed near the point of care, while controlling and tracking drug distribution.”

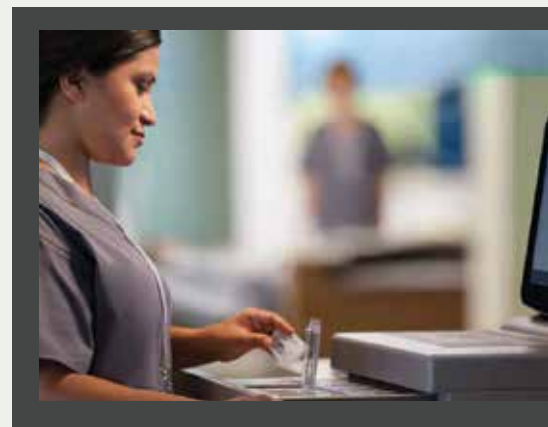
The tracking is crucial to promoting patient safety as it improves precision and accuracy of user access with biometric identification. “For example, a patient may be admitted into emergency and given a dose of morphine for pain. The system would automatically track

that and if the patient was admitted to a ward or sent to surgery, the system there would automatically be updated at the same time. So staff in other areas of the hospital would know what dosage the patient received and when.”

Robertson adds that study of Pyxis use in North America has proven it decreases the time for patients to receive initial medication, process routine orders, or dispense medication in emergency situations. This naturally creates cost efficiencies and frees pharmacists and nurses to do more direct work with patients. “It’s faster, more efficient and the most important part is it’s much safer for patients.”

“This is now being widely used across North America and will become the standard method of dispensing throughout the hospital and in Saskatoon,” Robertson says. The Pyxis system is currently in use at the Dubé Centre, in the St. Paul’s surgery department, and also RUH emergency. Another 12 units were slated to be

installed throughout St. Paul’s this autumn while the new Jim Pattison Children’s Hospital will have 24 Pyxis units when it opens next year.



“Where it has been in use,” he adds, “it’s been reported that the system works well to ensure patients are receiving the right medication as well as the right dosage of medication.”

To support, visit SCHFdonate.com, call the Foundation office at 306-655-8489 or drop by the office near the front entrance of the hospital. □



AMBULATORY CARE DEPARTMENT REQUESTS SEVERAL PIECES

Equipment needed in Endoscopy/ERCP rooms

For the past few years, you the donors have helped build an extensive and exciting endoscopy program at Saskatoon City Hospital. Additions of several scoping devices means more patients are benefitting from critical diagnostic tools that are more accurate and less invasive than other methods.

At the same time, an increased patient load means equipment is wearing out. Such is the case with cautery units, used in two endoscopy rooms as well as Saskatoon City Hospital's endoscopic retrograde cholangio-pancreatography (ERCP) suite.

"Cautery is used when polyps are removed but the pieces are also used to cauterize bleeds that may be found during scoping procedures," says Imelda Switzer, Ambulatory Care coordinator at the hospital. "The cautery units are used frequently every day and are simply wearing out."

The hospital's Clinical Engineering department has told Ambulatory Care

these cautery units are getting too old, adds Linda Walliser, manager of Ambulatory Care. "They've told us the old units may soon no longer be repairable. When one does break, there is no back up so appointments have to be cancelled and patients wait longer for crucial procedures."

Switzer says a benefit of new pieces will be uniform equipment, which increases patient safety. "Current pieces vary in kind and age so having new pieces that are the same means hospital staff will be trained in how to use them in any room as well as at all hospitals in the city."

Also needed in the Ambulatory Care department is a new vital signs monitor and stand. "Our current bedside monitors don't have the capability of monitoring a patient's carbon dioxide (CO2) levels, so they need to be replaced," Walliser says.

"It's becoming the new standard to watch CO2 build-up, especially right

"It's important to be able to monitor CO2 levels, especially with those patients who are deemed to be higher risk."

after a procedure. During a procedure there's a greater staff-patient level so there are many eyes on a patient. Afterwards, though, the number of people in the room will decrease so it's important to be able to monitor CO2 levels, especially patients who are deemed to be higher risk."

To donate and continue ensuring that the hospital's endoscopy program is the best possible, visit the website at SCHFdonate.com. You can also donate in person at the Foundation office or by calling either 306-655-8489 or toll free at 1-800-603-4464. □



SURGICAL SERVICES DEPARTMENT REQUIRES NEW EQUIPMENT

Busy unit cares for a large number of orthopedic patients

Surgery 3100/3200/3300 of Saskatoon City Hospital is an 87-bed unit that looks after 4,600 patients every year – 2,900 of those are orthopedic patients.

You can do the math – the units are very, very busy.

“The three units are meant for post-surgery recovery,” says one of its managers, Dolores Kraft. “Units 3100 and 3200 are primarily for patients who are in shorter-term recovery while unit 3300, and part of 3200, care for trauma patients that are transferred from Royal University Hospital. They require more convalescence and can be here for extended periods, anywhere between a month and a year.”

“It’s an 87-bed unit that looks after 4,600 patients every year – 2,900 of those are orthopedic patients.”

As a result of the heavy use by patients, Surgical Services needs an infusion of new equipment, beginning with wheelchairs.

“Wheelchairs are wheelchairs,” Kraft says. “They have a finite lifespan and need to be replaced yearly, especially when they’re used as extensively as they are in Surgical Services.”

The units also need a new bladder scanner, she adds.

“We currently have two that are six- and 10-years old. Our clinical engineering department tells us the older scanner will need replacing soon. It’s important we have functioning bladder scanners for post-operative patients.”

With close to five thousand patients annually, other items of need are new mattresses, Kraft reports. “Like the wheelchairs, they just wear out with frequent use. The largest concern

is when the surface cracks, that becomes an infection control issue and replacement is required.”

Also a safety need are new patient helpers. “These are the bars that allow recovering patients to lift themselves to move on the bed and sit up. There are about 60 between the three units with two dozen nearing or at the end of their use. They need to be replaced.”

Kraft adds that Surgical Services could also use another patient lift. “Many of our long-stay patients require the use of a lift to move them from bed to wheelchair or bed to shower chair. When the long-stay number increases, more lifts are required.”

If you’d like to ensure Surgical Services has the most up-to-date equipment, visit SCHFdonate.com. You can also donate in person at the Foundation office or by calling either 306-655-8489 or toll free at 1-800-603-4464. □



Photos by Terri Feltham Photography.

FOUNDATION THANKS DONORS

Event recognized those who give, unveiled new wall

Thursday, May 3 was a special day for Saskatoon City Hospital Foundation and especially its many donors.

In addition to recognizing the dozens of donors who are new or moving up levels, the Foundation unveiled an exciting and different way to celebrate the kindness of you, the donor.

Donors in attendance were thanked and encouraged to find their names on the totally rebuilt donor wall.

The reconstructed display lists the names of thousands of caring people like you who are dedicated to making the hospital even better. It also tells the story of the hospital and its hundred-year history in the community.

The afternoon featured refreshments as well as a chance to hear from Scott Livingstone, CEO of the Saskatchewan Health Authority. Dr. Carolyn Flegg, Diagnostic Radiologist with the Breast Health Centre, and Dr. Fergall Magee,

Unified Department Head, Pathology and Lab Medicine, also spoke passionately about the fantastic impact donations have had on health services offered at the hospital.

If you'd like to learn more, be sure to stop by and view the new donor wall by the front entrance for yourself.

You can also visit SCHFgo.com or search for the Foundation on Facebook, Twitter and LinkedIn.



\$2,500-\$9,999

Associated Engineering (Sask.) Ltd.
Christine Bergermann
Classic Canadian Tours
Rick Wyszynski in memory of Sophie & Olga Chmill
Lou Coderre
Dance Street Dancewear Fashions Inc.
Def SOL Productions
Brendan Halbgewach
Mainline Automotive Group
Midwest Laser Centre - Dr. Sabrina Stewart
Mr. Donald F. Miller and Mrs. Beverley D. Miller
Keith Moore
Chris & Jill Popplewell
Brian E. Rainey
Sean & Heather Ryan
RSVP Event Design
Blair Sharpe Foundation
Crystal Taylor
Turanich Acquisitions Management Inc.

Valentino Homes Ltd.
Westcap Mgt. Ltd.
Garry & Beverley Wilson
Janice Istace - York Executive Properties

\$10,000 - \$24,999

Can-Seed Equipment Ltd.
Annie Colley
Glidden Colony
Dr. C. Flegg Radiologist Prof. Corp.
Lionel Gilbertson & Gwen Wurm
Violet Hrapchak
Oliver R. Hodge
Jancy Holdings Ltd.
Marie Kononoff
PricewaterhouseCoopers LLP
Joseph Alfred Remail Family Foundation Inc.
Michael & Pauline Serienko
Saskatoon & District Safety Council Inc.
Saskatoon Nutana Lions Club

Strata Development Corp.
Traxx Footwear
Gee & Potin Tsang
Wiegers Financial & Benefits

\$25,000 - \$49,999

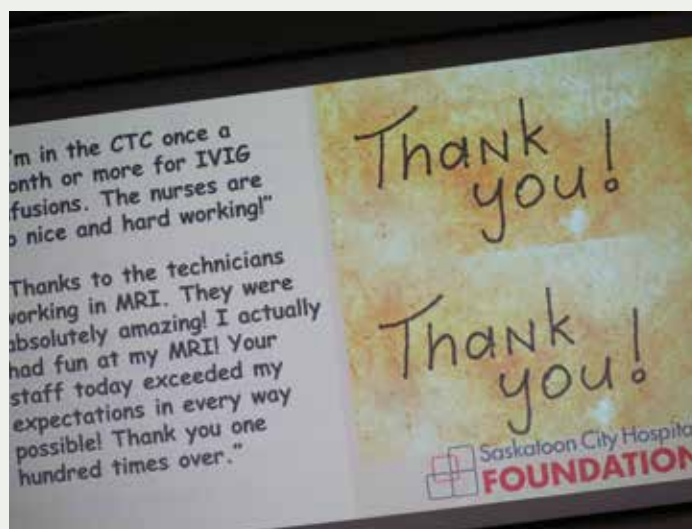
Paul Leier
Tim & Bev Rosenau
Dr. Jodi L. Spelay & Mr. Peter Hartridge

\$50,000 - \$99,999

Clear Springs Farming Co. Ltd.
Ens Auto
Ernst & Young LLP
Timken Foundation of Canton
Dr. James Underhill Memorial Fund

\$100,000+

S.O. Asher Consultants Ltd. ☐



A BETTER LOOK

Funding Fluoroscopy: Improvements in Medical Imaging will help thousands

...Beth and Sam wait nervously outside the fluoroscopy room. Married for almost a decade, they've been trying to have a baby. Their family doctor referred them to a gynecologist who suggested the procedure. It will take a half hour and see dye injected into Beth's reproductive system to determine if her fallopian tubes are blocked...

...Ray had a stroke and has been recovering in the hospital's Rehab Ward. He's experiencing aspiration during meals and doctors think he has dysphagia – food and fluids are being sent to the lungs rather than the stomach. A modified barium swallow and fluoroscopy procedure will help the speech language therapists, who perform these assessments, determine the cause and treatment...

...Connie's abdominal pain became so frequent that it was affecting her quality of life. She was referred for a barium x-ray. She's glad she may finally get an answer...

If you're like thousands of patients, chances are your journey at Saskatoon City Hospital began with a medical imaging procedure. Medical imaging – such as x-rays, MRIs, CT scans, and ultrasound – has played an important and crucial role in diagnosis for decades. As technology changes, so has medical imaging – results are sharper and processing is faster, leading to clearer decisions for more effective treatments.

You can ensure that Saskatoon City Hospital's medical imaging equipment is the most current and relevant available. Your donations will support

the purchase of a new portable x-ray unit as well as the upgrading of the department's fluoroscopy suite.

You'll help ensure that the 50,000 annual imaging procedures – for both inpatients and outpatients – are delivered with the best equipment possible.

In other words, can you give us **a better look?**

Hospital's fluoroscopy suite has multiple uses

The hospital's fluoroscopy suite is well used. Fluoroscopy is an imaging procedure that often uses a contrasting media – a liquid that can be seen with x-rays – when capturing live images. Because of this, fluoroscopy is a powerful diagnostic tool.



Richard Dagenais, manager of Medical Imaging, says the fluoroscopy room is showing its age. “The equipment in the room is 16 years old and the vendor no longer provides formal support or guarantees that replacement parts are available. We’re beginning to see degradation of imaging from the machine, which is to be expected for equipment of that vintage.”

He says upgrading the suite would benefit many patients. “The room is a multi-purpose, mini-procedure room. Medical Imaging has a larger fluoroscopy-guided procedure room which, used for a variety of purposes. The larger room is mostly used by teams from general medicine for imaging guided procedures.

“There are many times when the larger procedure room is double-booked because one procedure is running late. This often leads to patients having to wait, sometimes until 7:00 at night, or sometimes until the following day. It’s inconvenient to both patients and families who may be waiting for them.”

New equipment would be smaller, creating more space in the suite and more accessibility to patients with mobility issues. Finally, it would have much improved imaging technology.

Many people will know the fluoroscopy room for barium swallows, which is essential when looking at malformations of the esophagus and stomach, and even in cancer detection. Dagenais says the barium x-rays also help “patients who are post-stroke or similar. We can look at their ability to speak and swallow. We’re able to image them in real time to look for defects. City Hospital is the busiest site in the city for barium procedures.”

“The suite is often the first step and first stop in discovery for many patients. Having the best and newest equipment possible will ensure accurate diagnoses that lead to more effective treatments.”

In addition to fluoroscopic x-rays, the room and equipment are used for many other procedures including nephrostomy tube and PICC line insertions, joint injections, numerous obstetric procedures that benefit women with fertility challenges, uterine defects, endometriosis issues, and fallopian tube malformations; and in urodynamic studies to determine causes of bladder control issues.

“There are thousands of patients who will spend time in the fluoroscopy suite,” Dagenais says. “The suite is often the first step and first stop in discovery for many patients. Having the best, newest equipment possible will ensure accurate diagnoses that lead to more effective treatments.”

New portable x-ray unit will be digital

As part of this \$1.5 million initiative, Medical Imaging is also asking for a new portable x-ray unit. The current units at the hospital have been in use since the new building opened in 1993.

“They’re old and their technology impractical,” Dagenais reports. “The portable x-ray units we have now can

expose a film or digital cassette but, to view images, the technologist has to visit a patient, acquire the images, take exposed plates to medical imaging, process the plates, and then share them with a physician who needs to log into the system to see them.”

If there’s a problem with an image, the process needs to be repeated, Dagenais says. “The advantage of a new fully digital system is that images are acquired and available for viewing immediately; typically they’re also available for viewing on the imaging equipment itself. The image itself is also vastly improved with the new technology.”

He adds that digital is ideal especially in emergency and code blue situations. “You’re saving those minutes of processing and logging in because you’re able to see images right away and make treatment decisions faster.”

As a very busy surgical hospital, Dagenais says the new portable x-ray will benefit numerous “patients who are immediately or close to post-operative.

“These are patients who aren’t stable enough to move. Most of what is done here with portable imaging are chests, abdomens and pelvises but the x-ray unit can do everything if needed.”

The other advantage of new technology is improved safety – better manufacturing means patients are exposed to less radiation.

You can help the staff in Medical Imaging get a better look. Donate online today at SCHFdonate.com, by calling 306-655-8489 or 1-800-603-4464, or in person at the Foundation office near the front entrance. □

JOHN LORAAS, 1932-2017

Founder of Jancy Holdings fondly remembered by daughters

John Loraas will forever be remembered as the smiling, enthusiastic man who greeted everyone with a warm smile and friendly “hello!” He passed away in September 2017, just weeks short of his 85th birthday.

He was a determined, hardworking, family man, always looking for a new venture to help his community. He owned John Loraas Roofing and Insulation, The Rent It Store and Interprovincial Piling. John founded Jancy Holdings Ltd. over 30 years ago with the vision to develop Saskatoon’s north end through purchasing land to build commercial buildings.

“He had a passion for developing land and buildings,” his daughter Jane Williams says. “His foresight and influence were integral in the development of the north end of Saskatoon.”

A few years ago, Jane and her sister, Nancy, took over the company so John could retire. “He would still come to the office every day. I’d ask him if he wanted his chair and John would smile and say ‘no.’ He just liked to check in, have a coffee and visit.”

John’s other passion was farming: he had his own farm near Clavet for many

years. In addition to grain farming, he had cattle, pigs, chickens and horses. He was instrumental in fostering and supporting Jane and Nancy’s equestrian pursuits. When it came time to sell the farm, John put a great deal of thought into who should own the farm. In 2010 he orchestrated the sale of his beloved farm to the University of Saskatchewan. His hope was that being a research facility, the farm and its new owners could assist the agricultural community well into the future.

John was a people person. He loved to spend time with his wife Joyce, their families and his grandchildren. Whether attending birthday parties, Sunday suppers, horse shows, or visiting over a cup of coffee. He valued his very many friends and acquaintances often initiating a visit over coffee or a meal.

Jane and Nancy say their dad’s bequest of \$10,000 to Saskatoon City Hospital Foundation and bequests to other hospital foundations had been part of his will for many years. He regularly donated to the hospital foundations as he knew the importance of them for Saskatoon and area.

“We plan for Jancy Holdings to continue making annual donations to Saskatoon City Hospital Foundation because it was something dad really believed in. He made a donation after a hip surgery in 2015 as he wanted to ensure the hospital could continue to give the best care with the best equipment.”

The Foundation thanks John Loraas, his family and Jancy Holdings for their enduring gifts. □





John and Joyce Loraas, photo by SBrunner Photography.

JOHN LORAAS, 1932-2017

Traveling was large part of couple's life

Before the Internet made it easier, Joyce Loraas did a background check on John Loraas.

"It was 1979 and we were both recently divorced," Joyce says.

"A longtime friend from Delisle, where I grew up, asked if I was interested in meeting her cousin, John."

Joyce's eyes twinkle as she recollects, "she didn't know John and I had already met. He'd come down to Eaton's where I worked and later asked me out for coffee."

Shortly after they'd met, John invited her to the Canadian National Exhibition in Toronto.

"It was nice but I barely knew him. So I checked him out pretty fast. Many of my friends said he was a really nice guy and he'd treat me well. We went for four days and had a marvelous time."

Even after this, Joyce wasn't sure anything would happen. "We were both busy with kids from our first marriages. I didn't know if it would work. But one Christmas he persuaded me to go to his home and cook a family dinner. He'd just finished building a new house and didn't have anything for pots so I brought everything of my own."

Joyce adds with a laugh, "I cooked Christmas dinner for his family there and never left."

The couple were together for 38 years. Joyce says that John loved building his businesses but he was also eager to help friends and family who were in business, too. "He always wanted others to do well and was quick to lend advice about business."

He was also passionate about hockey, badminton, old cars, and traveling. "We were very lucky to travel a lot," Joyce says, noting one memorable trip was

with famed local photographer Gene Hattori. "Gene was doing a photography tour and encouraged us to go to China, Thailand and Japan as well as on other trips.

"We'd been on several trips with Ryjo Tours across Canada but the last one was to Alaska. It had long been a dream of John's to see Alaska. I'm so glad we could do that."

"I cooked Christmas dinner for his family there and never left."

John's support of Saskatoon City Hospital came from not only when he was a patient but when his mother, who's now 103, was a patient.

Saskatoon City Hospital Foundation thanks John and Joyce for the impact of their gifts. □



GOLFUN 2018 RAISES \$29,000 FOR CMSNRC

More than 60 golfers brave weather

May 17—it was a cool, blustery day that even saw rain. It didn't stop more than 60 golfers from coming out to the annual Golfun tournament.

The weather was of no concern to the golfers. They had other matters in mind — supporting the Cameco MS Neuroscience Research Centre (CMSNRC) in Saskatoon City Hospital.

Golfun has evolved into a unique tournament and great experience. Played at the beautiful Greenbryre Golf and Country Club, the day begins at noon with hamburgers and concludes with a sumptuous barbecued meal. In between, golfers enjoy a quick 12 holes. There's also the chance to bid on some fantastic silent auction prizes.

The day is made possible by the volunteers from the CMSNRC. Positioned at the holes, this year they asked players multiple choice questions and offered interesting facts about MS. Many a golfer teed up their next ball, having learned why their support is so important.

Golfun also saw two other special visitors. Legendary Huskies football coach, Brian Towriss, greeted golfers with encouraging words.

At supper, golfers heard from Golfun's honorary chair for 2018, Lois Miller. Miller, who was diagnosed with MS in 2016, volunteered her services

after meeting Dr. Michael Levin, the new MS clinical research chair in Saskatchewan, and Dr. Valerie Verge, director of the CMSNRC.

"The people I've met in the clinic I know are dedicating their lives to figuring out MS and they're passionate about what they do. We're fortunate to have that here," Miller says.

"I want to help people understand the urgency behind the research and why it's so important we support the great doctors and medical researchers at the CMSNRC, who are doing such great work. We've come a long way in the past 40, 20 and 10 years but we still have miles to go. The only way to get there is to support research and researchers."

Miller's words and the effort of Golfun organizers obviously worked. Golfun 2018 raised an amazing \$29,000 for the Cameco MS Neuroscience Research Center. Thanks to all of those who took part! □



Lois Miller speaks at Golfun.

COUPLE DONATES \$50,000 TO FOUNDATION

Funds will support MS research and clinical care

Shake it off.

That's what Lynn DeGirolamo, former gymnast, runner and ball player, thought she could do when her hands and feet started tingling in the early 90s. "I didn't think it was a big thing so I just worked around it. Then my left hand went numb one day. A co-worker said it could be my heart and told me to go to the hospital.

"It wasn't my heart but they had no idea what it was," she adds. "It took five or six months of testing before they sent me for an MRI. That confirmed I had MS. It was scary because I kept thinking it was a brain tumour. It's not a journey you want to go through."

The final diagnosis was initially heartbreaking, Lynn recalls. "I'd read about all of the things I might not be able to do, all the things I would lose."

After the shock, though, she was resolved. "I was very feisty and so lucky that Randy [her husband, Randy Kraus] was right beside me. I basically have said to MS, 'get out of the way, I don't have time for you.' I try and live positively because, for me, there's just no other way to live."

Lynn, an accountant, and Randy, along with her sister and sister's husband, purchase and operate hotels on the prairies. The couple lived in numerous Alberta centres for several years but decided to return to Saskatoon. "We wanted a more relaxing lifestyle and to be closer to our parents."

The couple chose a condo on Broadway that allows Lynn to easily take her therapy dog, Archie, for walks along the



Lynn DeGirolamo with her therapy dog, Archie.

riverbank. "I also go to the library and read books, just to make sure I keep my mind working."

Lynn's MS is considered relapsing-remitting and she hasn't had an attack for several years but knows they can come at any time. "My neurologist, Dr. Voll, says I'm strong and to just keep going. I take Copaxone every day."

The couple decided to donate \$50,000 after learning about the Cameco MS

Neuroscience Research Center and MS Clinic, both of which are housed in Saskatoon City Hospital.

"We had some money from an inheritance and our business is doing okay," she says of their motivation. "Plus I see the struggle that some have with MS. We wanted money to get into the hands of the right people."

The Foundation thanks Lynn and Randy for their generous donation. □



SAVE THE DATE DATES!

Winter, spring offer plenty of fun ways to support the Foundation

BHP Enchanted Forest **Saskatoon Zoo and Forestry Farm** **Nov. 17-Jan. 5**

Saskatchewan's largest winter tourism attraction keeps getting bigger. Last year saw 77,000 people view the million dazzling lights, a new record for the BHP Enchanted Forest.

Back due to overwhelming popularity are the Saskatchewan Blue Cross Push2Play walk-throughs on Nov. 16 and Jan. 6. Delight in a leisurely stroll past your favourite displays and then enjoy a hot chocolate. From Nov. 17 to Jan. 5, the Enchanted Forest is accessible only by vehicle. The forest is open 5:30 to 10:00 p.m. every day, even Christmas and New Year's.

Prices are \$10 per person or \$35 per vehicle (up to 7 people) but you save \$5 when buying a car pass at Shoppers Drug Mart in Saskatoon or Co-op food and gas stores in Saskatoon, Warman and Martensville.

This year's event is sure to be another fan favourite. Visit enchanted-forest.org to learn more. □

Festival of Trees **Western Development Museum** **Nov. 23-Dec. 1**

It's back again and open for nine great days. The Festival of Trees is an

amazing display of Christmas spirit, featuring dozens of decorated Christmas trees and gingerbread houses. There's also great stuff for kids – face painting, dance parties and parades, and your chance to snap a selfie with a favourite character.

General admission tickets can be purchased at the door and includes access to all public areas at the Western Development Museum.

In addition to the Festival of Trees, you can enjoy Boomtown and the many exhibits at the museum. Tickets are \$12 adults, \$9 seniors (65-plus), \$7 students (with valid card), \$4 children ages six to 12 and free for children five years and younger. There's also a great family rate of \$25.

For details and more information about this great event, visit the website at festival-of-trees.com. □



Photo by Joshua Klingenberg Photography.



EVENTS PUT FUN IN FUNDRAISING

Netted more than a half million dollars in 2017-2018

Swinging with the Stars

TCU Place

Sat. Jan. 26

Last year saw a sold-out crowd of 800 people and seven pumped celebrities with their equally enthusiastic dance partners raise more than \$150,000 for the Breast Health Centre.

This year a new dance crew, featuring eight local stars, will attempt to top that amazing amount. Dancers will be introduced in the coming months.

Swinging with the Stars takes place at TCU Place on Sat. January 26.

Tickets will be available in early November; online voting will start in January.

Check into SWTSevents.com or follow and like at [Facebook.com/SWTS](https://www.facebook.com/SWTS) to stay in touch. ☐

Black Tie Bingo

Sheraton Cavalier

Sat. Mar. 16

The classiest game of bingo in town returns next March 16. Dazzling dresses and trendy tuxes are on display with attendees dabbing away and vying for some great prizes.

In the classy confines of the Sheraton Cavalier, there's also a delicious meal, a super live auction and a host of silent auction prizes.

Last year's Black Tie Bingo raised \$141,000. Proceeds helped upgrade the hospital's Transitional Care Unit.

Tickets for the 2019 bingo will be available later this fall. If you'd like to know when they go on sale, follow at [Facebook.com/BlackTieBingoSCHF](https://www.facebook.com/BlackTieBingoSCHF).

Would you like to follow all Foundation events? Email SCHF@saskhealthauthority.ca and ask to be put on our electronic mailing list. ☐



Photo by Joshua Klingenberg Photography.

MURIEL JARVIS DEDICATED HER LIFE TO HEALTH CARE

Long time nurse will remember Foundation in her will

The note from longtime donor Muriel Jarvis saying she was leaving a bequest for the Foundation came as a surprise. When Foundation staff learned more about her and her career, it wasn't really. Muriel's association with health care spanned more than six decades.

For her years of exemplary service, Muriel received numerous awards. Most notable of these were an honorary doctorate, the Saskatchewan Centennial Medal (2006), and the Governor's General Caring Canadian Award (2000).

In 1998, the former Saskatoon Health Region created the Muriel Jarvis Award to "celebrate a Saskatoon Health Region or affiliated agency staff member that exemplifies Making a Positive Difference in the lives of others."

Now 97, Muriel says her career began when she was growing up in Kenaston.

"I wanted to be a nurse as long as I could remember and was always looking after my dollies."

The oldest child of a single mother, Muriel was often asked to look after her siblings. When her mom offered healthcare, including birth services, in their home, she witnessed and assisted, at age 13, a difficult but successful birth. The event intensified her calling.

Graduating at age 17, Muriel had to wait until she was 19 to enroll in the Saskatoon City Hospital School of Nursing. She moved to Saskatoon, doing domestic and nanny work.

Muriel started in 1940 and graduated as a nurse in 1943. "I was a wartime grad," she says. "1943 was the peak of World War II and qualified staff were leaving to enlist. Even before I graduated I was put into positions of responsibility."



She left Saskatoon City Hospital in 1947 when her job was filled by staff returning from the war. Muriel worked in Fort San and then returned to be director of nursing at the Saskatoon Sanatorium. She later worked in nursing homes, introducing new practices. "Other staff considered me a heretic but residents often said I was their best friend."

After 42 years, Muriel retired from nursing in 1985 but her innovative approach – at the core of which was caring for the patient – saw Muriel continue to assume many leadership roles until 2007.

At the age of 90, with the encouragement of family and friends, she began writing her autobiography. *Thin Pink Lines: My Life as a Nurse and Beyond* was released in 2012.

Her gift to the Foundation was as natural as her long career. "I'm a Nurses Alumnae member and have always had a particular soft spot for Saskatoon City Hospital, especially with what they do for handicapped people and seniors."

The Foundation thanks Muriel for her gift and her incredible years of service. □



Muriel Jarvis, age 97.



HOSPITAL HOME LOTTERY

Fall program features two great homes

For the third autumn in a row, the Hospital Home Lottery is giving away two fantastic homes. The grand prize is a stunning \$1.3 million home in Greenbryre from master builder North Ridge Development Corporation. It's got four bedrooms, four bathrooms and five fireplaces plus 3,332 square feet of fully developed, fully furnished living space!

The early bird prize is another gorgeous cottage on the Candle Lake Golf Course, built by Zak's. Whether a retreat or permanent residence, the winner will enjoy three bedrooms and bathrooms,

a covered deck, 1,845 square feet, and fantastic views of the ninth hole of the golf course!

There are also numerous merchandise prizes including vehicles, vacations, electronics leisure and recreation as well as the popular 50-50 and Cash Calendar add-ons.

With all that, there still might be tickets available. The early bird deadline is Friday, October 29.



For more information or to purchase, call 1-866-957-0777 or visit hospitalhomelottery.org.

WITH GRATITUDE



SCHF sincerely thanks the many community groups who, through their own fundraising efforts, have raised money to support patient care at Saskatoon City Hospital.

Recent donations have come from a breast cancer tea, school bake sale, celebrity hockey tea at a care home and an email fundraiser by a PhD student.

If you're interested in hosting a Third Party Fundraiser to benefit Saskatoon City Hospital Foundation, contact Kendra Parfitt to learn how.

Phone (306) 655-8415 or email kendra.parfitt@saskhealthauthority.ca.

For more information, visit bit.ly/SCHF_3rdParty.



10TH ANNUAL OUZOPALOOZA

Greek night out continues to offer great tastes and fun

Ten years ago, Saskatoon's Greek community organized a fundraising night to support the hospital's Eye Care Centre. From 2009 to 2017 Ouzopalooza raised more than \$190,000. Proceeds purchased much equipment to help people see better.

"The Greek Community of Saskatoon is proud to have hosted Ouzopalooza again in 2018," says organizer, George Foufas. "This year marked the 10th anniversary and it was a great success. We're very grateful to our title sponsor Nutrien and also to the people in Saskatoon who've

supported the event over the years." He adds that Ouzopalooza 2018 raised \$24,000 for the Foundation. Proceeds will purchase an autorefractor and multiple orthoptic equipment items for the hospital's Eye Care Centre.

Held at the Sheraton Cavalier on Friday, June 2, attendees experienced a taste of Greece in a Greek tavern. There was great food, fine wine and a chance to take home some Greek memories. One lucky person won a trip for two to Greece! The night was hosted by CBC journalist Vassy

Kapelos and featured entertainment by bouzouki player Yanni Sahamis.

The event added to Ouzopalooza's totals. "To date donations have totaled almost \$216,500," Foufas reports. "The work the Foundation does to enhance and improve patient care is very important to myself and my wife, Deighan, as well as the entire Greek community."

Saskatoon City Hospital Foundation thanks the Greek Community for a decade of fantastic support. □



Deighan Remondous and George Foufas, representing the Greek community, present the Ouzopalooza proceeds to Steve Shannon.

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IN MEMORIAM

Donations were made from April 1 to July 31, 2018 in memory of the following people:

Merv Bodner
Tom Bodner
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Edwin Wolff
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IN HONOUR

Donations were made from April 1 to July 31, 2018 in honour of the following people:

Dr. Ray Deobold & staff of the Endoscopy Unit
Dr. Anne F. Doig - retirement
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SCH Alumnae Association
SCH Laboratory Staff
Marie Stevenson

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& MAKE A DIFFERENCE

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Just visit SCHFdonate.com. You can also call 306-655-8489 (toll free 1-800-603-4464) or visit us in City Hospital. Your donation to the Foundation supports all of Saskatoon City Hospital's programs and departments.

Saskatoon City Hospital is home to the Eye Care Centre, Sleep Disorders Centre, Geriatric Evaluation and Management Unit, Women's Health Centre, Gynecology, Convalescent Unit, Orthopedics, Rehabilitation Centre, a Medical Imaging unit, and the Irene and Leslie Dubé Centre of Care Breast Health Centre. It is also one of the few acute care hospitals in Canada to house both a national research facility – the Cameco MS Neuroscience Research Center – and an MS Clinic.